Party In The USA



拍數: 56 牆數: 2 級數: Intermediate

編舞者: Ross Brown (ENG) - November 2009

音樂: Party In The USA (Cahill Radio Edit) - Miley Cyrus: (CD; Party In The USA,

Single - 3:09)



Intro: 32 Counts (Approx. 15 Secs)

SIDE. BEHIND, SIDE. CROSS ROCK, RECOVER with SWEEP. BEHIND, SIDE, CROSS. SIDE SWITCHES.

1 Step right to the right.

2& Cross step left behind right, step right to the right.

3-4 Cross rock left over right, recover onto right sweeping left foot around.
5&6 Cross step left behind right, step right to the right, cross step left over right.

7&8& Point right toe to the right, step right next to left, point left toe to the left, step left next to right.

Alternative: Counts 3-4 could be replaced with; Touch Left Across Right (3), Sweep left foot around (4).

(12 o'clock)

SIDE ROCK, RECOVER ¼ TURN R, BACK. SHUFFLE ½ TURN L. BACK STEP ½ TURN L. COASTER STEP.

1-2-3 Rock right to the right, make a ¼ turn right recovering onto left, step back with right.

Shuffle a ½ turn left stepping; left, right, left.

Make a ½ turn left stepping back with right.

7&8 Step back with left, step right next to left, step forward with left.

(3 o'clock)

KICK, BALL, POINT FORWARD. KNEE POPS. X2. KICK, BALL, HEEL, BALL.

1&2 Kick right foot forward, step right next to left, touch left toe forward.

&3 Pop left knee forward and right knee towards diagonal, return knees. [Weight stays on right]

4&5 Kick left foot forward, step left next to right, touch right toe forward.

86 Pop right knee forward and left knee towards diagonal, return knees. [Weight stays on left]
7&8& Kick right foot forward, step right next to left, tap left heel forward, step left next to right.

(3 o'clock)

HEEL GRIND ¼ TURN R with SIDE. BALL, CROSS, SIDE POINT. SAILOR STEP. HINGE ½ TURN L X2.

1-2 Step forward onto right heel, make a ¼ turn on right heel stepping left to the left.

Step right next to left, cross step left over right, point right toe to the right.

Cross step right behind left, step left to the left, step right to the right.

7-8 Make a ½ turn left stepping left to the left, make a ½ turn left stepping right to the right.

(6 o'clock)

TOGETHER, SIDE, BEHIND, SIDE. CROSS ROCK, RECOVER, STEP 1/4 TURN L. STEP, PIVOT 3/4 TURN L, SIDE.

Step left next to right, step right to the right, cross step left behind right, step right to the right.

Cross rock left over right, recover onto right, make a ¼ turn left stepping forward with left.

7&8 Step forward with right, pivot a ¾ turn left, step right to the right.

(6 o'clock)

SYNCOPATED JAZZ BOX with SIDE POINT. SAILOR ½ TURN L with CROSS. SIDE ROCK, RECOVER.

1-2& Cross step left over right, step back with right, step left to the left.

3-4 Cross step right over left, point left toe to the left.

5&6 Make a ½ turn left stepping; left behind right, right next to left, left over right.

7-8 Rock right to the right, recover onto left

Alternative: Counts 5&6 could be replaced with; Touch left behind right (5), Unwind a ½ turn left (6).

(12 o'clock)

SYNCOPATED JAZZ BOX with SIDE POINT. SAILOR ½ TURN R with CROSS. SIDE ROCK, RECOVER, CROSS.

1-2& Cross step right over left, step back with left, step right to the right.

3-4 Cross step left over right, point right toe to the right.

5&6 Make a ½ turn right stepping; right behind left, left next to right, right over left.

7&8 Rock left to the left, recover onto right, cross step left over right.

Alternative: Counts 5&6 could be replaced with; Touch right behind left (5), Unwind a ½ turn right (6).

(6 o'clock)

End of Dance. Start again and Enjoy!

Tag: At the end of Wall 5, replace the final CROSS STEP of the dance with TOGETHER (step left next to right), and then repeat the FINAL Section again (this time with the CROSS STEP) to face the front.

Contact: ross-brown@hotmail.co.uk