El Agite



拍數: 0 牆數: 4 級數: Phrased Improver

編舞者: Ross Brown (ENG) - November 2009

音樂: El Agite - Carlitos "La Mona" Jimenez : (CD: El Original Bum-Bum - 3:01)



Intro; 64 Counts (Approx. 27 Secs)

Phrasing: A - BB - AA - BB - AAA - BBBB - A

Part A

KICK; FORWARD, SIDE. SAILOR STEP. X2

1-2 Kick right foot forward, kick right foot to the right.

3&4 Cross step right behind left, step left to the left, step right to the right.

5-6 Kick left foot forward, kick left foot to the left.

7&8 Cross step left behind right, step right to the right, step left to the left.

(12 o'clock)

JAZZ BOX ¼ TURN R. X2

1-2-3-4 Cross step right over left, step back with left, make a ¼ turn right stepping right to the right,

step left next to right.

5-6-7-8 Repeat Counts 1-2-3-4 of this Section.

(6 o'clock)

STEP, PIVOT ½ TURN L. SHUFFLE FORWARD. STEP, PIVOT ½ TURN R. SHUFFLE FORWARD.

1-2 Step forward with right, pivot a ½ turn left.

3&4 Step forward with right, close left up to right, step forward with right.

5-6 Step forward with left, pivot a ½ turn right.

7&* Step forward with left, close right up to left, step forward with left.

(6 o'clock)

JAZZ BOX 1/4 TURN R. X2

1-8 Repeat Section 2 of Part A.

(12 o'clock)

Part B

SIDE SWITCHES; RIGHT, LEFT, RIGHT, RIGHT. TOGETHER 1/4 TURN R, TOE BACK.

TOGETHER, HEEL FORWARD. TOGETHER, FLICK BACK, STEP FORWARD.

1&2& Touch right to the right, step right next to left, touch left to the left, step left next to right.

3-4 Touch right to the right, touch right to the right.

&5 Make a ¼ turn right stepping right next to left, tap left toe back.

&6 Step left next to right, tap right heel forward.

&7-8 Step right next to left, flick left foot back, step forward with left.

(3 o'clock)

SHUFFLE FORWARD. SHUFFLE FORWARD. STEP, PIVOT ½ TURN L. STEP, SLIDE.

Step forward with right, close left up to right, step forward with right.

Step forward with left, close right up to left, step forward with left.

5-6-7-8 Step forward with right, pivot a ½ turn left, step forward with right, start to slide left up to right.

(9 o'clock)

SLIDE. TOGETHER.

1-2 Continue to slide left up to right, step left next to right.

End of Dance. Enjoy!

Note: If you're feeling adventurous you could add an extra Part A at the beginning of the dance by starting after 32 Counts roughly 14 seconds into the song.

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