

Thick and Thin

拍數: 64 牆數: 4 級數: Improver / Intermediate
編舞者: Tina Argyle (UK) & Pat Stott (UK) - November 2009
音樂: You've Got a Friend In Me - George Jones & Kathy Mattea



Commence after 20 beats on vocals approx 12 seconds

Vine right, tap, turn 1 ¼ left, shuffle

1 – 4 Step right to right, cross left behind right, right to right, tap left beside right
5 – 6 Turn ¼ left stepping forward on left, turn ½ left stepping back on right
7 & 8 Turn ½ left stepping forward on left, close right to left, step forward on left

Diagonal step forward, tap, diagonal step back, tap, jump back, raise and lower heels x 3

1 – 2 Step diagonally forward to right on right, tap left beside right
3 – 4 Step diagonally back to left on left, tap right beside left
& 5 Small jump back : right, left (feet apart)
&6 Raise both heels, lower
&7 Raise both heels, lower
&8 Raise both heels, lower

Rolling vine right, tap, syncopated vine left

1 – 2 Turn ¼ right and step forward on right, pivot ½ right and step back on left
3 – 4 Pivot ¼ right stepping right to right, tap left next to right
5 – 6 Step left to left, cross right behind left
& 7 – 8 Step left to left, cross right over left, step left to left
**** long hold here during wall 4**

Rock back, recover, ¼ turn left and side rock, rock back, recover, ¼ turn left and side rock

1 – 2 Rock back on right slightly behind left, recover onto left
3 – 4 Turn ¼ left and rock right to right, recover onto left
5 – 8 Repeat steps 1 – 4

Rock forward, recover, ½ shuffle right, rock forward, recover, ½ shuffle left

1 – 2 Rock forward on right, recover onto left
3 & 4 Turning ½ to right shuffle – right, left, right
5 – 6 Rock forward on left, recover onto right
7 & 8 Turning ½ to left shuffle – left, right, left

Kick, close, point, cross, unwind, kick, close point, cross, unwind

1 & 2 Kick right foot forward, close right to left, point left to left
3 – 4 Cross left over right, unwind ½ turn right (weight on left)
5 – 8 Repeat steps 1 – 4

Side, recover, behind, side cross, side, recover, behind, side, cross

1 – 2 Rock right to right, recover on left
3 & 4 Step right behind left, left to left, cross right over left
5 – 6 Rock left to left, recover on right
7 & 8 Step left behind right, right to right, cross left over right

*** restart here during wall 3**

Side, tap, ¼ turn, tap, side, tap, ¼ turn, tap

1 – 2 Step right to right, tap left beside right
3 – 4 Turn ¼ to left and step forward on left, tap right beside left

5 – 6 Step right to right, tap left beside right
7 – 8 Turn $\frac{1}{4}$ to left and step forward on left, tap right beside left

***Restart: after section 7 during wall 3**

**** During wall 4 at the end of the syncopated vine (section 3) –facing 6 o'clock there is a long hold as you take the step to the left at the end of the syncopated vine.**

Hold the step until the vocals restart and carry on the dance from the rock back etc (on word "you've") (section 4)

At the end of the music you will be facing 12 o'clock dance up to 1 – 2 in section 8, then step left to left, tap right next to left.
