

Heartstrings Waltz

拍數: 60 牆數: 4 級數: Beginner / Improver
編舞者: Celia Stevens (NZ) - August 2009
音樂: Heartstrings - Alison Krauss & Union Station



Introduction: 24 count intro start on vocals

This dance is done in all four directions rotating anti clockwise.

(1 – 6) BRUSH, BRUSH, BRUSH, STEP, ¼ SWEEP.

1,2,3 brush r foot forward, brush r to left knee, brush r forward
4,5,6 step r forward, turn ¼ turn right as you sweep l for 2 beats (facing 3:00)

(7 – 12) CROSS, SIDE, BEHIND, STEP, DRAG TOG.

1,2,3 step l over right, step r to right, step l behind right
4,5,6 large step r to right, drag l beside right for 2 beats

(13 – 18) ¼ TURN FWD, FULL TURN FWD, FWD, TOG, STEP.

1 turn ¼ turn left stepping l forward (facing 12:00),
2 turn ½ turn left stepping back on r (facing 6:00),
3 turn ½ turn left stepping l forward (facing 12:00),
4,5,6 step r forward, step l beside right, step r in place

(19 – 24) BACK, ½ FWD, ½, ½, FWD, DRAG.

1 step l back
2 turn ½ turn right step r forward (facing 6:00),
3 turn ½ turn right step l back (facing 12:00),
4 turn ½ turn right step r forward (facing 6:00),
5,6 step l forward, drag r beside left (weight stays on l).

(25 – 30) SIDE ROCK/RECOVER, TOG, SIDE ROCK/RECOVER, CROSS.

1,2,3 step r to right, recover weight to l, step r next to left,
4,5,6 step l to left, recover weight to r, cross l over right.

(31 – 36) BACK, ¼ SIDE, CROSS, ¼, ½, ¼.

1,2 step r back, turn ¼ turn left step l to left (facing 3:00),
3 cross r over left,
4 turn ¼ turn right step l back (facing 6:00),
5 turn ½ turn right step r forward (facing 12:00),
6 turn ¼ turn right step l to left (facing 3:00),

(37 – 42) STEP, DRAG, BEHIND, SIDE, CROSS.

1,2,3 large step r to right, drag l beside right (for 2 beats),
4,5,6 step l behind right, step r to right, step l over right

(43 – 48) BACK, ¼, STEP, FULL HITCH TURN, FWD, FWD.

1,2 step back on r, turn ¼ turn left step l forward (facing 12:00),
3,4 turn full turn left stepping on r & hitch l (end facing 12:00),
5,6 step l forward, step r forward

(49 – 54) FWD, BACK, ¼, CROSS, ¼, ½.

1,2,3 step l forward, step back on r, turn ¼ turn left step l to left (facing 9:00),
4 step r over left,
5 turn ¼ turn right step l back (facing 12:00),

6 turn ½ turn right step r forward (facing 6:00),

(55 – 60) ¼ , TOG, CROSS, SIDE, DRAG, STEP.

1 stepping l forward turn ¼ turn right (facing 9:00),

2,3 step r beside left, step l over right,

4,5,6 large step r to right, drag l beside right (for 2 beats weight ends on left).

60 REPEAT & ENJOY!
