

# Let Me Ride

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Arne Stakkestad (BEL) - November 2009  
音樂: Swing Low Sweet Chariot - Elvis Presley



## Alternative music:

"Swing low sweet chariot", Indy lee [www.indylee.com](http://www.indylee.com)

"Dance at the C.C., Rene Guylline (no restarts, 16 counts intro)

**Intro: 8 counts, start on lyrics**

### **(1-8) Shimmy forw, shuffle backw, Shuffle ½ right, hop and hitch with clap twice**

1-2                RF step forward with shimmy shoulders, hold with shimmy shoulders

#### **Bend knees, and bend forward this first 2 counts**

3&4                LF step backward, RF step beside LF, LF step backward

5&6                ¼ right step RF to right side, LF step beside RF, ¼ right step RF forward

7-8                RF hop forward and hitch with LKnee (clap), RF hop forward and hitch with LKnee (clap)

### **(9-16) Shimmy forw, shuffle backw, Shuffle ½ left, hop and hitch with clap twice**

1-2                LF step forward with shimmy shoulders, hold with shimmy shoulders

#### **Bend knees, and bend forward this first 2 counts**

3&4                RF step backward, LF step beside RF, RF step backward

5&6                ¼ left step LF to left side, RF step beside LF, ¼ left step LF forward

7-8                LF hop forward and hitch with RKnee (clap), LF hop forward and hitch with RKnee (clap)

### **(17-24) Rocking chair with shimmy shoulders, Rockstep with shimmy, coasterstep**

1-2                RF rock forward , return weight to LF

#### **Bend forward with shimmy shoulders**

3-4                RF rock backward, return weight to LF

#### **Bend backward with shimmy shoulders**

5-6                RF rock forward , return weight to LF

#### **Bend forward with shimmy shoulders**

7&8                RF step backward, LF step beside RF, RF step forward

### **(25-32) Hip bumps with ¼ right, kick ball step, kick ball step**

1-2                LF step to left side and bump hips left (start ¼ right), bump hips left

3-4                bump hips left, bump hips left (end ¼ right)

#### **Weight stays on LF these 4 counts**

5&6                RF kick forward, RF step on ball beside LF, LF step forward

7&8                RF kick forward, RF step on ball beside LF, LF step forward

## **Restarts:**

**The 3th wall (6h), and the 6th wall (12h) dance til count 20 and start again**