

The Worst 15 Minutes

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver / Intermediate
編舞者: Tom Monaghan (NZ) & Wendy Monaghan (NZ) - November 2009
音樂: 15 Minutes - Rodney Atkins



Dance starts after slow introduction on the word "Smokin"

SIDE-ROCK, BEHIND, SIDE CROSS, SIDE, ROCK, 1/2 TURN SAILOR.

123&4 Step R to side, rock onto L, step R behind L, & step L to side, step R across L,
567&8 Step L to side, rock onto R, step L behind R turning ½ left, step R to side, step L to side. (6)

ACROSS, 1/2 TURN, SIDE-SHUFFLE, FWD, ROCK, COASTER STEP.

123&4 Step R across L, step L back into ½ turn right, side shuffle R L R, (12)
567&8 Step L fwd, recover on R, step L back, step R beside L, step L fwd.

STOMP, STOMP, TAP, TAP, 1/2 MONTEREY, SIDE, ROCK, ACROSS.

1234 Stomp R to side, stomp L to side, tap R heel twice,
5 6 MONTEREY: Touch R toe to side, turn ½ right stepping R beside L,
7&8 Step L to side, & recover onto R, step L across R. (6)

SIDE, ROCK, CROSS-SHUFFLE, 3/4TURN, FWD-SHUFFLE.

123&4 Step R to side, rock onto L, cross shuffle R.L.R.,
567&8 Step L back into ¼ turn right, step R fwd into ½ turn right, shuffle fwd L.R.L. (3)

Repeat dance in new direction
