

Let's Do It

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Roy Thompson (UK) - November 2009
音樂: I Gotta Feeling - Black Eyed Peas : (4:07)



Start: After 32 Counts, on vocals.

1/2 TURN. 1/4 TURN. DIP. 1/4 TURN RECOVER. 1/2 TURN. STEP BACK. DIP. RECOVER

- 1 - 2 Make 1/2 Turn Left Stepping Back On Right, Make 1/4 Turn Left Stepping Left To Left Side (Right Foot Should Be Pointing To Right Side)
3 - 4 Dip On Both Knees, Make 1/4 Turn Right Stepping On To Right As You Recover From Dip
5 - 6 1/2 Turn Right Stepping Back On Left, Step Back On Right (Left Foot Should Be Pointing Forward)
7 - 8 Dip On Both Knees, Recover From Dip

FORWARD. POINT. DIP. RECOVER. 3/4 TURN. STEP BACK. HOLD

- 1 - 2 Step Forward On Left, Point Right To Right Side
3 - 4 Dip On Both Knees, Recover From Dip
5 - 6 1/4 Turn Right Stepping On To Right, 1/2 Turn Right Stepping Back On Left
7 - 8 Step Back On Right, Hold

TAP. FORWARD. TOUCH. KICK. STEP BACK. TOUCH. SIDE. SLIDE

- 1 - 2 Tap Left Forward, Step Forward On Left
3 - 4 Touch Right Next To Left, Kick Right Forward
5 - 6 Step Back On Right, Touch Left Across Right
7 - 8 Big Step Left To Left Side, Slide Right Next To Left (Weight On Left)

1/4 TURN TOGETHER. POINT. CROSS ROCK RECOVER. SIDE TOGETHER CROSS. HOLD

- 1 - 2 Make A 1/4 Turn Right Stepping On To Right, Point Left To Left Side
3 - 4 Cross Left Over Right, Recover Weight On Right
5 - 7 Step Left To Left Side, Step Right Next To Left, Cross Left Over Right
8 Hold

**** Restart Point ****

1/4 TURN. 1.4 TURN. JAZZ BOX 1/4 TURN WITH TOUCH. LEFT COASTER STEP

- 1 - 2 1/4 Turn Left Stepping Back On Right, 1/4 Turn Left Stepping Left To Left Side
3 - 6 Cross Right Over Left, Step Back On Left, Make 1/4 Turn Right Stepping Forward On Right, Touch Left Next To Right
7 & 8 Step Back On Left, Step Right Next To Left, Step Forward On Left

FORWARD. HOLD. TOGETHER. FORWARD. ROCK FORWARD RECOVER. BACK. HOLD. TOGETHER BACK

- 1 Step Forward Right
2 & 3 Hold, Step Left Next To Right, Step Forward Right
4 - 6 Rock Forward On Left, Recover On Right, Step Back On Left
7 & 8 Hold. Step Right Next To Left, Step Back On Left

1/2 TURN. PIVOT 1/2 TURN. FORWARD SHUFFLE. ROCK FORWARD RECOVER. TOUCH BACK

- 1 Make 1/2 Turn Right Stepping Forward On Right
2 - 3 Step Forward On Left, Pivot 1/2 Turn Right
4 & 5 Step Forward On Left, Step Right Next To Left, Step Forward On Left,
6 - 7 Rock Forward On Right, Recover On Left
8 Touch Right Toe Back

1/2 TURN. PIVOT 1/2 TURN. WALK FORWARD LEFT RIGHT. ROCK FORWARD RECOVER. 1/4 TURN LEFT

- 1 Make 1/2 Turn Right Stepping Forward On Right
- 2 - 3 Step Forward On Left, Pivot 1/2 Turn Right
- 4 - 5 Walk Forward Left, Right
- 6 - 8 Rock Forward On Left, Recover On Right, Make 1/4 Turn Left Stepping Left To Left Side

Start Again

Restart: On Wall 6, After 32 Counts.
