

What About...

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Maggie Gallagher (UK) - October 2009
音樂: What About Now - Westlife : (CDS)



Intro : 36 counts (26 secs) (Total Song Duration 4m 10s) [12.00]

S1: WALK, STEP, 1/2 PIVOT RIGHT, 3/4 LEFT, CROSS ROCK, RECOVER, SIDE, CROSS, UNWIND FULL RIGHT, SIDE

1,2& Walk forward on right, Step forward on left, 1/2 pivot turn right [6.00]
3,4& Step forward on left, 1/2 turn left stepping back on right, 1/4 turn left stepping to left side [9.00]
5,6& Cross rock right over left, Recover onto left, Step right to right side
7,8& Cross left over right, Unwind full turn right (weight ends on right), Step left to left side [9.00]

S2: ROCK BACK, RECOVER, 1/2 LEFT, CROSS, SIDE, BASIC NIGHTCLUB LEFT, BASIC NIGHTCLUB RIGHT,

1,2 Cross rock back on right diagonal, recover onto left
3& 1/4 turn left stepping back on right, 1/4 turn left stepping left to left side [3.00]
4& Cross right over left, Step left to left side
5&6 Rock back on right, Recover onto left, Step right out to right side dragging left towards right
7&8 Rock back on left, Recover onto right, Step left out to left side dragging right towards left

S3: TOUCH-POINT-TOUCH (in-out-in), 1and1/4 TURNS RIGHT, WALK, 1/2 PIVOT, WALK, QUICK STEPS

1&2 Touch right next to left, Point right to right side, Touch right next to left
3&4 1/4 turn right stepping forward on right, 1/2 turn right stepping back on left,
1/ 2 turn right stepping forward on right [6.00]
5,6,7 Walk forward on left, 1/2 pivot turn right, Walk forward on left [12.00]
8& Quick step forward on right, Quick step forward on left

S4: 1/4 LEFT WITH SIDE ROCK, RECOVER, WEAVE LEFT, CROSS ROCK, RECOVER, SIDE

1,2 1/4 turn left rocking out to right side, Recover onto left [9.00]
3&4 Cross right over left, Step left to left side, Cross right behind left
&5,6 Step left to left side, Cross rock right over left, Recover onto left
&7,8 Step right to right side, Cross rock left over right, Recover onto right
& Step left to left side [9.00]

Restart: Here during wall 1.

S5: RIGHT MAMBO WITH 1/2 RIGHT, STEP-1/2 PIVOT-STEP, RIGHT MAMBO WITH DRAG, LEFT COASTER

1&2 Right rock forward, Recover onto left, Make 1/2 turn right stepping forward on right [3.00]
3&4 Step forward on left, 1/2 pivot turn right, Step forward on left [9.00]
5&6 Right rock forward, recover onto left, Big step back on right dragging left towards right
7&8 Step back on left, Step right next to left, Step forward on left [9.00]

Start again

Restart: After 32 counts of wall 1, Restart the dance from the beginning.