

You took my love

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Peter Metelnick (UK) & Alison Metelnick (UK) - October 2009
音樂: You Broke My Heart - Alexandra Burke : (CD: Overcome)



Start after 32 count intro

(1-8) R Heel Fwd, Hold, ¼ L & R Together, L Heel Forward, L Together, R Touch Together, ¼ L & R Together, L Heel Fwd, Hold, L Together, R Fwd Rock & Recover

1-2& Touch R heel forward, hold, turning ¼ left step together
3&4 Touch L heel forward, step L together, touch R toes together
&5-6 Turning ¼ left step R together, touch L heel forward, hold
&7-8 Step L together, rock R forward, recover weight on L (6 o'clock)

(9-16) 2 ½ R Shuffles, R Rock Back & Recover, R Kick Ball Step

1&2 Turning ½ right step R forward, step L together, step R forward
3&4 Turning ½ right step L back, step R together, step L back (6 o'clock)

Non-turning option for 1-4: 2 shuffles back

5-6 Rock R back, recover weight on L
7&8 Kick R forward, step R together, step L forward

(17-24) R Fwd Rock & Recover, ¼ R Shuffle, L Cross Step, ½ L Hinge Turn, R Cross Step

1-2 Rock R forward, recover weight on L
3&4 Turning ¼ right step R side, step L together, step R side (9 o'clock)
5-6 Cross step L over R, turning ¼ left step R back
7-8 Turning ¼ left step L side, cross step R over L (3 o'clock)

(25-32) L Side Rock & Recover, L Behind-Side-Cross, R Side Rock & Recover, R Behind – ¼ L-Fwd

1-2 Rock L side, recover weight on R
3&4 Cross L behind R, step R side, cross step L over R
5-6 Rock R side, recover weight on L
7&8 Cross R behind L, turning ¼ left step L forward, step R forward (12 o'clock)

(33-40) L Heel Fwd, Hold, ¼ R & L Together, R Touch Together, R Together, L Heel Fwd, L Together, R Side Touch, ½ R Monterey Turn, L Cross Step

1-2& Touch L heel forward, hold, turning ¼ right step L together
3&4 Touch R toe together, step R together, touch L heel forward
&5-6 Step L together, touch R toes to right side, turning ½ right step R together
7-8 Touch L toes to left side, cross step L over R (9 o'clock)

(41-48) R Side, L Sailor Step, R Behind-Side-Cross, Hold, L Ball Cross, L Side Rock

1-2&3 Step R side, cross step L behind R, step R side, step L side
4&5-6 Cross step R behind L, step L side, cross step R over L, hold
&7-8 Step L side, cross step R over L, rock L side

(49-56) Recover L, ¼ L Toaster Step, R Fwd, ½ L Pivot Turn, ½ L & L Back, L Coaster

1 Recover weight on R (6 o'clock)
2&3 Turning ¼ L step L back, step R together, step L forward
4-6 Step R forward, pivot ½ left, turning ½ left step R back (6 o'clock)
7&8 Step L back, step R together, step L forward

RESTART: DURING 5th wall which starts facing front wall (you will notice music changing) dance first 56 counts to reach the back wall and restart the dance from the beginning

(57-64) R Fwd, Hold, L Ball Step Fwd, L Fwd, R Jazz Box With ¼ R

1-2& Step R forward, hold, step L together

3-4 Step R forward, step L forward

5-8 Cross R over L, turning ¼ right step L back, step R side, step L forward (9 o'clock)

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