

# Hop It

拍數: 32      牆數: 4      級數: Improver  
編舞者: Robbie McGowan Hickie (UK) - October 2009  
音樂: Go On and Go - Chely Wright : (CD: Woman In The Moon)



16 count intro.

**Diagonal Step Forward. Lock. Lock Step Diagonally Forward. (Right & Left).**

- 1 – 2      Step Right Diagonally forward Right. Lock Left behind Right.
- 3&4      Step Right Diagonally forward Right. Lock Left behind Right. Step Right Diagonally forward Right.
- 5 – 6      Step Left Diagonally forward Left. Lock Right behind Left.
- 7&8      Step Left Diagonally forward Left. Lock Right behind Left. Step Left Diagonally forward Left.

**Cross. Push Back. Chasse 1/4 Turn Right. Step. Pivot 1/2 Turn Right. Left Shuffle Forward.**

- 1 – 2      Cross step Right over Left. Step back on Left – Pushing hips back.
- 3&4      Step Right to Right side. Close Left beside Right. Make 1/4 turn Right stepping forward on Right.
- 5 – 6      Step forward on Left. Pivot 1/2 turn Right.
- 7&8      Left shuffle forward stepping Left. Right. Left. (Facing 9 o'clock)

**\*2 x Walks Forward. Right Mambo Forward. 2 x Sweeps Back. Left Coaster Step.**

- 1 – 2      Walk forward on Right. Walk forward on Left.
- 3&4      Rock forward on Right. Rock back on Left. Step back on Right.
- 5 – 6      Sweep Left out and around stepping back on Left. Sweep Right out and around stepping back on Right.
- 7&8      Step back on Left. Step Right beside Left. Step forward on Left.

**Forward Rock with Heel Lift. Shuffle 1/2 Turn Right. Forward Rock with Heel Lift. Shuffle 1/2 Turn Left.**

- 1 – 2      Rock forward on Right - raising Left heel up behind Right leg. Recover weight on Left.
- 3&4      Right shuffle making 1/2 turn Right stepping Right. Left. Right. (Facing 3 o'clock)
- 5 – 6      Rock forward on Left - raising Right heel up behind Left leg. Recover weight on Right.
- 7&8      Left shuffle making 1/2 turn Left stepping Left. Right. Left. (Facing 9 o'clock)

**Start Again**

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