

Boomkat

拍數: 32 牆數: 4 級數: Intermediate
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音樂: Stomp - Boomkat : (CD: A Million Trillion Starts)



Introduction: 32 Counts

Sec 1: Side, Behind, &-Across-Across, Side, Drag, & Kick & Kick

1,2 RIGHT Step side R; LEFT Step crossed behind R
&34 RIGHT Step side R; LEFT Step across front of R; RIGHT Step across front of L
5,6 LEFT Step side L; RIGHT Slide to L
&7 RIGHT Step beside & LEFT Knee hitch (lift) up; LEFT Kick back diagonal L
&8 LEFT Knee hitch (lift) up; LEFT Kick back diagonal L
(face diagonal R and allow a slight lean forward on Counts &,7,&,8)
(the 'knee – kick' actions = slight pumping action)

Sec 2: Behind-Turn-Forward, Stomp, Hold, Ball-Forward, Stomp, Hold, Ball-Forward

1&2 LEFT Step back & crossed behind R; Turn 1/4 R with RIGHT Step forward; (3 o'clock) LEFT Step forward
3,4 RIGHT Stomp forward; HOLD
&56 RIGHT Ball/Step back; LEFT Step forward; STOMP
7&8 HOLD; RIGHT Ball/Step back; LEFT Step forward
[* RESTART]

Sec 3: Forward, Turn, Clap, Clap, Turn, Across-Rock-Side, Across-Rock-Side

1,2 RIGHT Step small forward; Turn 1/2 L with LEFT Touch/Point forward (9 o'clock)
&34 Clap; Clap; Turn 1/4 L with LEFT Step side L (6 o'clock)
5&6 RIGHT Rock/Step across front of L; LEFT Recover/Step behind R; RIGHT Step side R
7&8 LEFT Rock/Step across front of R; RIGHT Recover/Step behind L; LEFT Step side L

Sec 4: Side, Together, Triple Lock/Turn, Triple Lock/Turn, Back/Rock, Forward/Recover

1,2 RIGHT Step side R; LEFT Step beside R
3&4 RIGHT Triple Step side R with 1/4 Turn R (R forward/turn,L lock,R forward) (9 o'clock)
5&6 LEFT Triple with 1/2 Turn R (L Side/Turn, R across front L, L Back/Turn) (3 o'clock)
7,8 RIGHT Rock/Step back; LEFT Recover/Step forward

Begin Again

* RESTART: AFTER two rotations, execute Sections I & II, then restart. You will be facing 9 o'clock wall on the restart.

ENDING: To finish on front wall, on Counts 7,8 of Sec.IV, execute 1/2 Turn R with R Step forward, then Left Step/Lunge forward and pose!