

Knowing

拍數: 32 牆數: 4 級數: Intermediate
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音樂: I Want To Know What Love Is - Mariah Carey



Sequence: 32, 32, 32, Tag, 32, 32, 32, Tag, 32, Tag, 32

English Cross, Chase Turn, Hold, Step, Step

- 1-2 Step right forward(1), step left forward(2),
&3-4 Turn ¼ left and step right to right side(&), cross step left over right(3), turn ¼ right & step right forward(4),
5&6 Step forward onto the ball of the left foot(5), turn ½ right stepping forward onto right foot(&), step forward onto the left foot(6),
7&8 Hold(7), step right foot next to left(&), step left foot forward(8)

Step, ¼ Turn, Cross Step, ¼ Turn, ¼ Turn, Cross Rock, Recover, Weave Left

- 1&2 Step forward onto the ball of your right foot(1), turn ¼ left stepping left out to left side(&), cross step right in front of left(2),
3&4 turn ¼ right stepping back onto left foot(3), turn ¼ right stepping right to right side(&), cross rock left in front of right(4)
5-6 Recover weight back onto right foot(5), step left foot left side(6),
&7 Step right foot in front of left(&), step left foot to left side(7),
&8& Cross step right behind left(&), step left foot to left side(8), cross step right foot in front of left(&)

¼ Rock, Recover, ½ Turn, ¼ Turn, Rock, Recover, Hitch, Walk X2, Anchor Step

- 1&2 ¼ Rock left foot out to left side(1), recover weight back to right foot(&), turn ½ left stepping forward onto left foot(2),
3&4 Make ¼ turn left & rock right foot out to right side(3), recover weight back to left(&), hitch right knee up(4),
5-6 Step forward right(5), Step forward left(6),
7&8 Step right in back of left (3rd position)(7), step left in place(&), step right back(8) (anchor step)

½ Turn, ¼ Turn, ¼ Sailor Step, ½ Turn Sailor, Rock, Recover, Step

- 1-2 Make ½ turn left stepping forward onto left foot(1), make ¼ turn left stepping right foot to right side(2),
3&4 Cross step left foot behind right(3), make ¼ turn left stepping right foot next to left(&), step left foot forward(4),
5&6 Cross step right foot behind left(5), make ½ turn right stepping left foot next to right(&), step right foot forward(6),
7&8 Rock left foot forward(7), recover weight back onto right foot(&) step left foot next to right(8).

Begin Again!

TAG: Step, ½ Turn, Step, ½ Turn, Rock, Recover

- 1-2 Step forward onto right foot(1), make ½ turn left stepping forward onto left(2),
3& Step forward onto ball of right foot(3), make ½ turn left stepping forward onto left(&),
4& Rock forward onto right foot(4), recover weight back to left(&).(Start again.)