

Broken Heels

COPPERKNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jo Kinser (UK), John Kinser (UK) & Mark Furnell (UK) - October 2009
音樂: Broken Heels - Alexandra Burke : (Album: Overcome)



Start 48 counts in from the beginning (0:18) on the words Hey Hey Hey.

(1-8) Kick, Kick, Rock Step, Step Lock, Step Scuff

1,2 Kick Rt fwd, Kick Rt to Rt diagonal
3,4 Rock Rt back, Replace weight Lt
5,8 Step Rt fwd, Lock Lt behind Rt, Step Rt fwd, Scuff Lt fwd

(9-16) Step Lock, Step Scuff, Side Behind Side Cross

1,4 Step Lt fwd, Lock Rt behind Lt, Step Lt fwd, Scuff Rt fwd
5,8 Step Rt to Rt, Step Lt behind Rt, Step Rt to Rt, Cross Lt in front of Rt

(17-24) Rock Replace, Cross Hold, Full Turn, Hold

1,2 Rock Rt to Rt, Replace weight Lt
3,4 Cross Rt in front of Lt, Hold
5,6 Make 1/4 turn Rt stepping back Lt, Make 1/2 turn Rt stepping Rt fwd
7,8 Make 1/4 turn Rt stepping Lt to Lt, Hold

(25-32) Cross, Side, Heel, Down, Cross, Back, Side, Hold

1,2 Cross Rt in front of Lt, Step Lt in place
3,4 Present Rt heel fwd, Step Rt in place
5,6 Cross Lt in front of Rt, Step Rt back
7,8 Step Lt to Lt, Hold

(33-40) Sailor 1/2 Hold, Full Turn, Fwd, Hold

1,2 Step Rt behind Lt, Make 1/4 turn Rt stepping Lt fwd
3,4 Make 1/4 turn Rt stepping Rt fwd, Hold
5,8 Make 1/2 turn Lt stepping Lt fwd, Make 1/2 turn Lt stepping Rt in place, Step Lt fwd, Hold

(41-48) Step Lock, Step Hold, Full Turn Fwd, Hold

1,4 Step Rt fwd, Lock Lt behind Rt, Step Rt fwd, Hold
5,6 Make 1/2 turn Rt stepping back Lt, Make 1/2 turn Rt stepping fwd Rt
7,8 Step Lt fwd, Hold

Restart Here:

4th Repetition, starting facing the back wall. You dance 48 counts and start the dance again facing the front wall.

(49-56) Full Turn Fwd, Hold, Kick Cross Rock Back

1,2 Make 1/2 turn Lt stepping back Rt, Make 1/2 turn Lt stepping fwd Lt
3,4 Step Rt fwd, Hold
5,8 Kick Lt to Lt diagonal, Cross Lt in front of Rt, Rock Rt back (Large Step), Replace weight Lt

(57-64) Heel Stomp, Heel Stomp, Heels Fwd Fwd, Back Together

1,4 Grind Rt heel fwd, Stomp Lt fwd, Repeat (Note traveling fwd)
5,6 Step fwd on Rt heel, Step fwd on Lt heel next to Rt
7,8 Step Rt back, Step Lt next to Rt

TAG: Just before the instrumental section you have a 8 count Tag, after the 7th repetition. You be facing the back wall.

1,8 Cross Rt in front of Lt, and unwind 1/2 turn Lt to face the front wall.

HAVE FUN

Co-choreographers: (10.09)

Jo & John Kinser Email: jo@jjkdancin.com Website: www.jjkdancin.com

Mark Furnell Email: marksfurnell@yahoo.co.uk Website: www.freewebs.com/markfurnell
