

So Yesterday

COPPER KNOB
BYEBOHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Jo Kinser (UK) & Mark Furnell (UK) - October 2009
音樂: Yesterday - Toni Braxton : (Single: Yesterday)



Start 16 counts in on the vocals (0:12).

(1-8) Fwd, Step, Full Turn, Back Lock Step, Side, Rock, Cross, Side, Cross

- 1 Step Rt fwd
- 2&3 Step Lt fwd making 1/2 turn Rt (in place), Step Rt fwd, Make a 1/2 turn Rt stepping back Lt
- 4&5 Step Rt back, Lock Lt in front of Rt, Step Rt back
- 6 Step Lt a big step to Lt
- 7& Step ball of Rt behind Lt heel, Make 1/4 turn Lt crossing Lt over Rt
- 8& Step Rt to Rt, Cross Lt over Rt

(9-16) Side, Rock Replace, Side, Rock 1/4 Side, Rock Turn Hook, Step Lock

- 1 Step Rt a big step to Rt
- 2&3 Rock Lt back, Replace weight Rt over Lt, Step Lt to Lt
- 4&5 Rock Rt back, Replace weight Lt, Make 1/4 turn Lt stepping Rt to Rt
- 6& Rock Lt back, Replace weight Rt over Lt
- 7& Make a 1/4 turn Rt stepping back Lt, Make a 1/2 turn Rt hooking Lt in front of Rt
- 8& Step Rt fwd, Lock Lt behind Rt

(17-24) Lunge, Back, Coaster Step, Rock Replace, Triple Full Turn Sweep

- 1,2 Lunge fwd on Rt, Replace weight Lt stepping back Lt
- 3&4 Step back Rt, Step Lt next to Rt, Step Rt fwd
- 5,6 Rock Lt fwd, Replace weight Rt
- 7&8 Make a full turn Lt in place (walk around turn) Lt, Rt, Lt
- & Sweep the Rt foot from back to front

(25-32) Cross-Tap, Back Lock Back, Turn, Side, Rock & Turn Turn Hitch

- 1 Crossing Rt in front of Lt as Lt foot taps behind Rt (3 o'clock)
- 2&3 Step Lt back angling body diagonally Rt (5 o'clock), Lock Rt in front of Lt, Step Lt back
- 4,5 Make 1/8th turn Rt stepping Rt fwd (6 o'clock), Make 1/4 turn Rt stepping Lt to Lt (9 o'clock)
- 6&7 Rock Rt back, Replace weight Lt, Make 1/4 turn Lt stepping Rt back (6 o'clock)
- 8& Make 1/2 turn Lt stepping Lt fwd (12 o'clock), Make 1/2 turn Lt in place hitching Rt (6 o'clock)

HAVE FUN

Co-choreographers: (10.09)

Jo Kinser Email: jo@jjkdancin.com Website: www.jjkdancin.com

Mark Furnell Email: marksfurnell@yahoo.co.uk Website: www.freewebs.com/markfurnell