

Let's Get Crazy

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Judy Rodgers (USA) - October 2009
音樂: Let's Get Crazy - Hannah Montana : (CD Single)



Alt. Music:

You're Not Alone by BWO (CD Single...130 bpm...Disco version or Skylab radio edit) 32 cnt intro
Cowboy Casanova by Carrie Underwood (CD Single....120 bpm) 48 cnt intro (no tags or restarts)

32 count intro

(1-8) Step, touch, step, touch, skate, skate, skate, touch (skate in place)

1-4 Step right to right side, touch left beside, step left to left side, touch right beside
5-8 Skate right, skate left, skate right, touch left

(9-16) Turn ¼ shuffle, step pivot ¼, cross, turn ¼, shuffle turn ½

1&2 Turn ¼ left shuffling left, right, left (9:00)
3-4 Step right forward, pivot ¼ left (6:00)
5-6 Cross right over left, turn ¼ right stepping back on left (9:00)
7&8 Turn ½ right shuffling forward right, left, right (3:00)

(17-24) Step pivot ¼, step pivot ¼, camel walks, step, touch

1-4 Step left pivot ¼ right, step left pivot ¼ right (9:00)
5&6& Step left forward, touch right, step right forward, touch left
7-8 Step left forward, touch

(25-32) Kick & touch, sailor step, heel & heel &, rock, recover

1&2 Kick right forward, step down on right, touch left toe to left
3&4 Step left behind right, step right to right, step left to left side
5&6& Tap right heel forward, step right down, tap left heel forward, step left down
7-8 Rock right forward, recover to left

Tag:

Hip bumps, jump forward, jump back

1-4 Step right to right side and bump hips right, left, right, left
&5-6 Jump forward right, left, clap
&7-8 Jump back right, left, clap

Out, out, in, in, hip bumps

1-2 Step right to side, step left to left,
3-4 Step right in, step left beside right
5-8 Bump hips left & left & left & left (weight stays on left)

LET'S GET CRAZY – TAG:

After Wall 2 dance 16 counts of tag (6:00)

After Wall 4 dance first 8 counts of tag (12:00)

Restart on Wall 5 - dance up thru count 28, (leave off last four counts of dance) (9:00)

YOU'RE NOT ALONE – TAG:

After Walls 2 and 5 dance first 4 counts of tag (hip bumps) (6:00 and 9:00)

After Wall 8 dance first 12 counts of tag (leave off the hip bumps) (12:00)