

Belle la Bete (pronounced 'Bell la Bet')

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Mark Caley (UK), Jan Caley (UK) & Dave Morgan (UK) - October 2009
音樂: Beauty and the Beast - Diamond Rio



16 count intro - approx 12 seconds into track

LARGE STEP, RT COASTER, WALK FWD, ROCK, RECOVER BACK, BACK, TURN 1/4 RT, LT CROSS

- 1 Large Left step to Left side
- 2&3 Step back on Right, Step Left beside Right, Step forward on Right
- 4 Walk forward on Left
- 5&6& Rock forward on Right, Recover on Left, Step back on Right, Step back on Left
- 7-8 Turn 1/4 turn Right step Right to side, Cross Left over Right (weight on Left facing 3.00)

STEP, ROCK, RECOVER, STEP, RIGHT COASTER, ROCK FWD, 1/2 TURN LEFT, 1/4 TURN LEFT

- 9 Large Right step to Right side
- 10&11 Left rock behind Right, Recover weight to Right, Large Left step to Left side
- 12&13 Step back on Right, Step Left beside Right, Step forward on Right
- 14&15 Rock fwd on left, Recover on Right starting to turn Left, Turn 1/2 turn Left stepping on Left
- 16 Turn 1/4 Left Stepping Right to side (weight on Right facing 6.00)

ROCK, RECOVER, POINT, CROSS UNWIND 3/4 TURN. ROCK RECOVER, BACK, BACK, CROSS

- 17&18 Rock back on left, recover on right, point left toe to left side (weight on right)
- 19-20 Cross Left over Right, Unwind 3/4 turn Right (weight ends on Left)
- 21-22 Rock forward on Right, Recover on Left
- 23&24 Step back on Right (body facing diagonal right), Step Left back crossing over Right, Step Right diagonally back
- &25 Step Left to Left side, Cross right over Left (weight on Right facing 3.00)

ROCK, RECOVER, BEHIND, SIDE, CROSS, FULL TURN FWD, STEP

- 26-27 Left Rock out to side, Recover on Right
- 28&29 Cross step Left behind Right, Step Right to Right side, Step fwd on Left
- 30-31 Make 1/2 Turn Left Stepping Back On Right, Make 1/2 Turn Left Stepping fwd on Left
- 32 Step fwd on Right (facing 3.00)

(Make a 1/4 turn Right to start to dance again on count 1)

START AGAIN

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