

# Admit It

拍數: 32      牆數: 2      級數: Easy Intermediate  
編舞者: Esmeralda van de Pol (NL) - October 2009  
音樂: Admit It - Esmée Denters



**Intro : 16 counts after the first beat**

**Kick & Touch, Coaster ¼ Turn R, Rock Step, Walk Back 2x**

1&2      Kick left foot fwd, step left beside right, touch right to the right side.  
3&4      ¼ turn left step right back, step left next to right, step right fwd.  
5-6      rock right fwd, recover on left  
7-8      walk back, left , right.

**Side Step, Hitch, 2x ¼ Turn R, Kickball Step, Heel Swivels with ½ Turn R, Hitch**

1-2      step left to the left side, hitch right next to left knee.  
3-4      ¼ turn right step right fwd, ¼ turn right step left to the left side.  
5&6      kick right fwd, step right next to left, step left fwd  
7&8      ¼ turn right swivel heel left, swivel heels right, ¼ turn right swivel heels left with hitch of right leg.

**Walk, Walk , ¼ Turn R with Cross, Side Step, Sailor Step, Side Rock, Kickball Cross**

1-2      step fwd, right & left  
&3      ¼ turn right cross right over left, step left to the left side  
4&5-6      cross right behind left, step left to the left side, step right to the ride side, rock left out to the left side  
7&8      kick right diagonally fwd, step right next to left, cross step left over right

**Rock Fwd, R Coaster Step with ¼ Turn L, Step Fwd, Pivot ¾ Turn L, Side Step**

1-2      rock right diagonally fwd, recover on left  
3&4      cross right behind left, ¼ turn L step left fwd, step right fwd.  
5-6      step left fwd, step right fwd.  
7-8      ¾ turn left weight on left, step right to the right side.

**Tag: after the 3e wall.**

1-2      step left back, touch right next to left  
3-4      step right back, step left next to right  
5-6      rock right to the right side, recover on left  
&7-8      close right next to left, rock left to the left side, recover on right

**Have Fun**