

Don't Hide From Love

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Sebastiaan Holtland (NL) & Esmeralda van de Pol (NL) - October 2009
音樂: Can't Hide From Love (feat. Collins Pennie) - Naturi Naughton : (CD: Fame 09)



The 16 count intro starts after the "vocals"

Sec 1: 1-8 1/2 PIVOT TURN L, 1/2 TURN L, STEP BACK, STEP BACK, CROSS SAMBA, LOCK SHUFFLE

- 1-2 Step forward on Rf (1), make 1/2 turn left & take weight onto Lf (2) (6)
3-4 Make a 1/2 turn left & step back on Rf (3) (12:00), and step back on Lf weight onto Lf (4)
5&6 Cross step R over L (5), step L to L side & slightly forward (&), step R to R side & slightly forward (6) (12)
7&8 Step forward on Lf (7), lock Rf behind Lf (&), & step forward on Lf weight onto Lf (12:00)

Sec 2: 9-16 1/4 TURN L, HIP BUMP R, HEEL & HEEL &, 1/4 TURN L, HIP BUMP R, HEEL & HEEL &

- 1-2 Make a 1/4 turn left & step Rf to the right side & push your hip to right (1) (9), recover on Lf (2)
3&4& Touch R heel forward (1), Replace (&), touch L heel forward (2), Replace (&)
5-6 Make a 1/4 turn left & step Rf to the right side & push your hip to right (5) (6), recover on Lf (6)
7&8& Touch R heel forward (7), Replace (&), touch L heel forward (8), Replace (&) (6:00)

Sec 3: 17-24 CROSS BACK, BACK HOOK, PLACEMENT, 1/4 TURN L & SIDE, 1/2 TURN L & SIDE, TOUCH

- 1-2 Cross Rf over Lf (1), & step back on Lf (2) (6:00)
3-4 Step back on Rf (3), & hook your Lf in front of your R knee (4)
5-6 Step Lf back in place (5), make a 1/4 turn left & step Rf to the right side weight onto Rf (6) (3)
7-8 Make a 1/2 turn left & step Lf to the left side (7) (9:00), & touch Rf next to Lf weight onto Lf (8)

Sec 4: 25-32 SIDE, TOGETHER, CHASSE R WITH 1/4 TURN R, SIDE ROCK WITH 1/4 TURN R, CROSS, HOLD, SIDE, CROSS

- 1-2 Step Rf to the right (1), & step Lf next to Rf weight onto both feet (2) (9:00)
3&4 Step Rf to the right side (3) step L next to Rf (&) step Rf to the right side with 1/4 turn right weight onto Rf (4) (12)
5&6 Make a 1/4 turn right & rock Lf to the Left side (5) (3), recover on Rf (&), & cross Lf over Rf weight onto Lf (6)
7&8 HOLD (7), step Rf slightly to the right side (&), & cross Lf over Rf weight onto Lf (8) (3:00)

Sec 5: 33-40 ¼ TURN LEFT X2, SAILORSTEP RIGHT, SAILOR STEP LEFT, HOLD, STEP FWD

- 1-2 ¼ Turn Left step right back, ¼ turn left step left to the left side (9:00)
3&4 Cross right behind left, step left to the left side, step right to the right side
5&6 Cross left behind right, step right to the right side, step left to the left side
7&8 Hold, step right next to left, step left forward (9:00)

Sec 6: 41-48 KICK & TOUCH, & OUT OUT, COASTER STEP ¼ TURN LEFT, SAILOR STEP

- 1&2& Kick right foot forward, step back on right, touch left toe fwd, step left next to right
3&4 Step right to the right side, step left to the left side
5&6 Cross right behind left, ¼ turn left step left fwd (6:00) , step right fwd
7&8 Cross left behind right, step right to the right side, step left to the left side (6:00)

Sec 7: 49-56 PIVOT ½ TURN LEFT, KICK & TOUCH, HIPS BUMP R.L.R, STEP BACK, ¼ TURN LEFT

- 1-2 Step fwd on right, ½ turn left weight on left (12:00)
3&4 Kick right fwd, step back on right, touch left toe fwd,
5&6 Sway hips right, left, right

7-8 Step back on left, ¼ turn left weight on Right (9:00)

Sec 8: 57-64 SAILOR HEEL, CROSS & HEEL, ROCKSTEP FWD, COASTER STEP

1&2& Cross left behind right, step right to the right side, Touch left heel diagonally fwd, step left next to right (9:00)

3&4 Cross right over Left, step left to the left side, touch right heel diagonally fwd, step right next to left

5-6 Rock Left fwd, recover on right

7&8 Step back on left, step right next to left, step left forward (9:00)

START AGAIN AND HAVE FUN! Sheets available on www.sundancers.nl / www.yipee.sg

Email: smoothdancer79@hotmail.com / info@sundancers.nl
