

Rock A Billy Rock

拍數: 32 牆數: 4 級數: Improver
編舞者: Francien Sittrop (NL) - October 2009
音樂: Rock a Billy - Guy Mitchell : (CD: The Very Best of - 2:14)



Intro : Start after 16 counts on Vocals

(1 – 8) Toe Struts x2, ¼ R with Lockstep , Scuff

1 – 2 Step on R toe to R side , Drop Heel
3 – 4 Step on L toe across R , Drop Heel
5 – 6 ¼ Turn R step R fwd, Lock L behind R (3.00)
7 – 8 Step R fwd, Scuff L fwd

(9-16) Rocking Chair, Rock , ¼ Recover , Cross, Hold

1 – 2 Rock on L heel fwd, Recover on R
3 – 4 Rock L back, Recover on R
5 – 6 Rock L fwd, ¼ Turn R (6.00)
7 – 8 Step L across R, Hold

(17-24) Dwight Swivels with Kick, Behind , Side, Cross, Hold

1 – 2 Swivel L Heel R touching R Toe Beside L, Swivel L Toe R Touching L heel Diag fwd
3 – 4 Swivel L Heel R touching R Toe Beside L, Kick R fwd
5 – 6 Step R behind L , Step L to L side
7 – 8 Step R across L , Hold

(25-32) Rock , ¼ Turn R , Stomp , Stomp, Knee Pops (or Hip Bumps)

1 – 2 Rock L to L side, ¼ Turn R (9.00)
3 – 4 Stomp L fwd, Stomp R next to L (15 cm from each other)
5 – 8 Knee Pops (listen to the music for the Knee Pops. During The Odd walls 2 Knee Pops and the Even walls 4 Knee Pops) Option for knee pops : Hip bumps

Tag : After Wall 3 & 5 & 7

(1 – 8) Monterey's (½ Turn)

1 – 2 Touch R to R side, ¼ Turn R step R next to L
3 – 4 Touch L to L side, Step L next to R
5 – 8 Same as count 1 – 4

(9-16) Monterey's (½ Turn), Stomp , Hold

1 – 2 Touch R to R side, ¼ Turn R step R next to L
3 – 4 Touch L to L side, Step L next to R
5 – 6 Touch R to R side, ¼ Turn R stomp R next to L
7 – 8 Stomp L , Hold (weight ends on L)

Ending:

Last wall is on the 6.00 wall. Start with the 2 toe struts , then ¼ R with R stomp, ¼ R with L stomp,

Website : <http://franciensittrop.come2me.nl>