

Mi Primer Amor

拍數: 64 牆數: 2 級數: Improver
編舞者: Peter Thijssen (NL) - August 2009
音樂: Mi Primer Amor - Belle Perez : (CD: Gotitas De Amor)



32 count intro, start just before vocals

This dance is specially dedicated to Els and Frans Rossel
because of their 40-years marriage on 30 August 2009

Section 1: SWAY RIGHT & LEFT, CHASSE WITH 1/4 TURN RIGHT, STEP FWRD, PIVOT 1/2 TURN RIGHT, SHUFFLE FWRD

- 1 - 2 Little step right to right en sway hips right, sway hips left
- 3 & 4 Step right to the right, step left next to right, 1/4 turn right on right [03:00]
- 5 - 6 Step forward on left, pivot 1/2 turn right [09:00]
- 7 & 8 Step forward on left, step right next to left, step forward on left

Section 2: CROSS STEP, SIDE STEP, BEHIND, SWEEP BEHIND, SIDE STEP, CROSS STEP, SIDE TOE TOUCH

- 1 - 2 Cross step right over left, step left to left side
- 3 - 4 Cross step right behind left, sweep left backwards
- 5 - 6 Cross step left behind right, step right to right side
- 7 - 8 Cross step left over right, touch right toe to right side

Section 3: 1/4 TURN RIGHT, SIDE TOE TOUCH, TOGETHER, SIDE TOE TOUCH, TOGETHER, SIDE TOE TOUCH, CROSS STEP, UNWIND 1/2 TURN RIGHT, ROCKBACK, RECOVER

- 1 - 2 1/4 turn right and right step next to left, touch left toe to left side [12:00]
- & 3 Step left next to right, touch right toe to right side
- & 4 Step right next to left, touch left toe to left side
- 5 - 6 Cross step left over right, unwind 1/2 turn right (weight on left) [06:00]
- 7 - 8 Rock back on right, recover onto left

Section 4: SIDE ROCK, RECOVER, CROSS SHUFFLE, SIDE STEP, TOE TOUCH, STEP BACK, CROSS STEP, SIDE STEP

- 1 - 2 Rock right to right side, recover onto left
- 3 & 4 Cross step right over left, step left to left side, cross step right over left
- 5 - 6 Step left to left side, touch right toe next to left
- & 7 Step back on right, cross step left over right
- 8 Step right to right side

Section 5: ROCK BACK, RECOVER, SHUFFLE 1/2 TURN RIGHT, ROCK BACK, RECOVER, 1/2 TURN LEFT, 1/2 TURN LEFT

- 1 - 2 Rock back on left, recover onto right
- 3 & 4 1/4 turn right on left, step right next to left, 1/4 turn right on left [12:00]
- 5 - 6 Rock back on right, recover onto left
- 7 - 8 1/2 turn left and right step back, 1/2 turn left and left step forward

Section 6: SHUFFLE FORWARD, ROCK FWRD, RECOVER, COASTER STEP, KICK FORWARD, KICK RIGHT DIAGONALLY

- 1 & 2 Step right forward, step left next to right, step right forward
- 3 - 4 Rock left forward, recover onto right
- 5 & 6 Step left back, step right next to left, step left forward
- 7 - 8 Kick right forward, kick right diagonally to the right

Section 7: SAILOR STEP RIGHT, SAILOR STEP LEFT, BEHIND, 1/4 TURN LEFT, SHUFFLE FORWARD

- 1 & 2 Step right behind left, step left to side, step right to side
3 & 4 Step left behind right, step right to side, step left to side
5 - 6 Step right behind left, 1/4 turn left on left [09:00]
7 & 8 Step forward on right, step left next to right, step forward on right

Section 8: JAZZ BOX WITH 1/4 TURN LEFT, TOE TOUCH, SIDE STEP, TOE TOUCH, SIDE STEP, TOE TOUCH

- 1 - 2 Cross step left over right, step back on right
3 - 4 1/4 turn left on left, touch right toe next to left [06:00]
5 - 6 Step right to right side, touch left toe next to right
7 - 8 Step left to left side, touch right toe next to left

BEGIN AGAIN

RESTART:

In Wall 3 after count 40 (Section 5 count 8) facing 12:00

Start at the beginning - Section 1 count 1

The last time the dance starts on the Back Wall 06:00

Dance including count 42 (Section 6, count 2) do then:

Left step forward - Pivot 1/2 Turn right - Step left next to right (= The End)
