

# Baby Kate

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Niels Poulsen (DK) - October 2009  
音樂: Sister Kate - The Ditty Bops



**Intro: 8 counts from first heavy beat, app. 10 secs into track. Start with weight on L foot**

**Note: This is a beginner floor-split to Ria Vos' brilliant dance 'Sister Kate'**

## **(1 – 8) R toe strut, L toe strut, R kick ball change, R rock fw, R coaster step**

1&2&      Step fw on ball of R foot (1), step down on whole foot (&), step fw on ball of L foot (2), step down on whole foot (2) 12:00  
3 & 4      Kick R fw (3), step R next to L (&), change weight to L foot (4) 12:00  
5 – 6      Rock R fw (5), recover weight to L foot (6) 12:00  
7 & 8      Step back on R foot (7), bring L next to R (&), step fw on R (8) 12:00

## **(9 – 16) L toe strut, R toe strut, L kick ball change, L rock fw, L coaster step**

1&2&      Step fw on ball of L foot (1), step down on whole foot (&), step fw on ball of R foot (2), step down on whole foot (2) 12:00  
3 & 4      Kick L fw (3), step L next to R (&), change weight to R foot (4) 12:00  
5 – 6      Rock L fw (5), recover weight to R foot (6) 12:00  
7 & 8      Step back on L foot (7), bring R next to L (&), step fw on L (8) 12:00

## **(17 – 24) R rock fw, R shuffle back, L rock back, L shuffle fw**

1 – 2      Rock fw on R (1), recover weight to L foot (2) 12:00  
3 & 4      Step back on R (3), bring L next to R (&), step back on R (4) 12:00  
5 – 6      Rock back on L foot (5), recover weight to R foot (6) 12:00  
7 & 8      Step fw on L (7), bring R next to L (&), step fw on L (8) 12:00

## **(25 – 32) Step ¼ L X 2, R charleston step**

1 – 2      Step fw on R foot (1), make ¼ L (weight on L) (2) 9:00  
3 – 4      Step fw on R foot (3), make ¼ L (weight on L) (4) 6:00  
5 – 6      Point R foot fw (5), step back on R (6) 6:00  
7 – 8      Point L foot back (7), step fw on L (8) 6:00

**Begin again!...**

**TAG After wall 1 (facing 6:00), wall 3 (facing 6:00) and wall 6 (facing 12:00). Add a R charleston step:**

1 – 4      Point R fw (1), step back on R (2), point L back (3), step fw on L (4)

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