

Another Day

COPPER KNOB
BY STEPHEN BATES

拍數: 48 牆數: 1 級數: Intermediate / Advanced NC2S
編舞者: Paul McAdam (UK) - October 2009
音樂: Like You'll Never See Me Again - Alicia Keys : (5:15)



Count in: Approximately 25 seconds into song just before vocals "If I had no more time"

(1-8) SIDE-ROCK RECOVER, SIDE-TOUCH, ½ TOUCH, SIDE, ROCK RECOVER, SIDE ROCK, CROSS

- 1,2& Step left foot to left side, rock back on right foot, recover on left
a3 Step right foot to right side, touch left toe next to right
4& Make a ¼ turn left and step forward on left, pivot a ¼ turn left on left foot and touch right toe next to left
5,6& Step right foot to right side, rock back on left foot, recover on right
a7 Rock left foot out to left side, recover on right
8 Cross left foot over right

(9-16) UNWIND FULL TURN SWEEP, BEHIND-SIDE-CROSS, BEHIND ¼ STEP ½ TURN STEP, FULL TURN, STEP ½ TURN

- &1 Unwind a full turn right, sweep right foot back
2&3 Cross right foot behind left, step left foot to left side, rock right foot over left
4& Recover weight back onto left, make a ¼ turn right and step forward on right foot
5&6& Step forward on left foot, Pivot a ½ turn right, step forward on left, make a ½ turn left and step back on right
7&8& Make a ½ turn left and step forward on left foot, step forward on right foot, step forward on left foot, pivot ½ turn right

(17-24) ¼ TURN SIDE, ROCK RECOVER, SIDE, CROSS ½ TURN SIDE, ROCK, RECOVER, SIDE, CROSS ½ TURN

- 1,2& Make a ¼ turn right and step left foot to left side, rock back on right foot, recover on left
3,4& Step right foot to right side, cross left foot over right, make a ¼ turn left and step back on right
5,6& Make a ¼ turn left and step left foot to left side, rock back on right foot, recover on left
7,8& Step right foot to right side, cross left foot over right, make a ¼ turn left and step back on right

(25-32) ¼ TURN SIDE, CROSS ROCK, SIDE, CROSS ROCK, COASTER-STEP-LOCK-STEP, ½ TOUCH, FULL MONTEREY TURN

- 1,2& Make a ¼ turn left and step left foot to left side, cross rock right foot over left, recover weight onto left
3,4& Step right foot to right side, cross rock left foot over right, recover weight onto right
5&6 Step back on left foot, step right foot next to left, step forward on left foot
&7&8 Lock right foot behind left, step left foot forward, pivot a quick ½ turn left on left foot, touch right toe out to right side (angle your upper body left)
& Pivot a full turn right taking weight on right (next to left) towards end of rotation

(33-40) BOX ¼ TURN BASICS X4

- 1,2& Step left foot to left side, rock back on right foot, recover weight onto left foot
3,4& Make a ¼ turn left and step right foot to right side, rock back on left foot, recover weight onto right
5,6& Make a ¼ turn left and step left foot to left side, rock back on right foot, recover weight onto left
7,8& Make a ¼ turn left and step right foot to right side, rock back on left, recover weight onto right

(41-48) SIDE ROCK, WEAVE SWEEP, BEHIND SIDE CROSS, STEP ½ TURN TOUCHES, ¾ TURN

- 1&2 Make a ¼ turn left and rock left foot out to left side, recover weight onto right, cross left foot over right
- &3 Step right foot to right side, cross left foot behind right and sweep right foot back
- 4&5 Cross right foot behind left, step left foot to left side, cross right foot over left
- 6&7& Step forward on left foot, pivot ½ turn right, touch left toe next to right, touch left toe out to left side
- 8& Make a ¼ turn left and step left foot forward, make a ½ turn left and step back on right foot
- 1 Make a ¼ turn left and step left foot to left side to start dance again

TAG: At the end of the first wall and the third wall, after the ¾ turn left, repeat steps 33-40 the box turn basics UP TO COUNT 7. weight is on right foot- slide left toe up to right, for counts 8& make a ½ turn left and step forward on left, make a ½ turn left and step back on right, Then make the extra ¼ turn left to start the dance again stepping left foot to left side.

START AGAIN AND ENJOY!
