

# Let U Go

拍數: 48      牆數: 2      級數: Intermediate  
編舞者: Sadiyah Heggernes (NOR/UK) - October 2009  
音樂: Shoulda Let U Go (feat. Good Charlotte) - Sean Kingston : (CD: Tomorrow)



## 48 Count Intro – start on main vocals

### Section 1: Walk, Walk, Kick Ball Step, Ball Touch, Paddle ½ Turn

1-2            Walk forward right - left  
3&4           Kick right forward. Step right beside left. Step left forward  
&5-6          Small step right beside left. Touch left forward. ¼ turn right on ball of right  
7-8            Touch left forward. ¼ turn right on ball of right (weight on right) 6:00

### Section 2: Step, Touch, ¼ Turn, Shuffle Forward, Touch, Flick, ¼ Turn into Cross Shuffle

1-2            Step back on left. Touch right beside left  
3&4 1/        4 turn right step forward on right. Close left beside right. Step forward on right 9:00  
5-6            Touch left forward. Flick left out & make ¼ turn right on ball of right 12:00  
7&8            Cross left over right. Step right to side. Cross left over right

### Section 3: Heel Swivels 1/2 Turn, Hold, Ball Cross, Hold, Chasse Right

1-2            Swivel heels to left making ¼ turn right. Swivel heels to right 3:00  
3-4            Swivel heels to left making ¼ turn right. (weight on left) Hold 6:00  
&5-6          Small step right beside left. Cross left over right. Hold  
7&8            Step right to side. Close left beside right. Step right to side

### Section 4: ½ Pivot, ½ Turn, Back, Side Rock, Sailor Step

1-2            Step forward on left. ½ pivot right 12:00  
3-4            ½ turn right step back on left. Step back on right 6:00  
5-6            Rock left to side. Recover weight on right.  
7&8            Cross left behind right. Step right to side. Step left in place

### Section 5: Stomps, Coaster ¼ Turn, Stomps, Coaster Step

1-2            Stomp right beside left. ¼ turn right on ball of left. Kick right forward 9:00  
3&4            Step back on right. Step left beside right. Step forward on right  
5-6            Stomp left beside right . ¼ turn left on ball of right. Kick left forward 6:00  
7&8            Step back on left. Step right beside left. Step forward on left

### Section 6: Rocking Chair, Skates x 2, Kick Ball Change

1-2            Rock forward on right. Rock back onto left  
3-4            Rock back on right. Rock forward onto left  
5-6            Skate forward right –left  
7&8            Kick right forward. Step right beside left. Step left beside right