

Idle Talk

拍數: 32 牆數: 4
編舞者: Gaye Teather (UK) - July 2009
音樂: Hello Walls - Alan Gregory

級數: Improver / Easy Intermediate



Cd: Hello Walls – available from www.alangregory.me.uk

Dance rotates in CW direction
8 count intro

Side toe strut. Cross rock. Chasse Left. Cross. Side

1 – 2 Step Right toe to Right side. Drop Right heel to floor
3 – 4 Cross rock Left over Right. Recover onto Right
5&6 Step Left to Left side. Step Right beside Left. Step Left to Left side
7 – 8 Cross Right over Left. Step Left to Left side

Back rock. Kick-ball-cross x 2. Quarter turn Right stomp. Hold & clap

1 – 2 Rock back Right behind Left. Recover onto Left
3&4 Kick Right forward. Step Right beside Left. Cross Left over Right
5&6 Kick Right forward. Step Right beside Left. Cross Left over Right
7 – 8 Quarter turn Right stomping forward on Right. Hold & clap (Facing 3 o'clock)

Forward rock. Coaster step. Paddle one eighth turn Left x 2

1 – 2 Rock forward on Left. Recover onto Right
3&4 Step back on Left. Step Right beside Left. Step forward on Left
5 – 6 Step forward on Right. Paddle one eighth turn Left
7 – 8 Step forward on Right. Paddle one eighth turn Left (Facing 12 o'clock)

Cross. Side. Behind. Quarter turn Left. Step. Half turn Left. Walk forward Right Left

1 – 2 Cross Right over Left. Step Left to Left side
3 – 4 Cross Right behind Left. Quarter turn Left stepping forward on Left
5 – 6 Step forward on Right. Pivot half turn Left (Facing 3 o'clock)
7 – 8 Walk forward Right. Left

Start again
