

# Mi Rowsu

COPPERKNOB  
STEPSHETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: DJ Alex (NL), Pim van Grootel (NL), Daniel Trepát (NL), Roy Verdonk (NL), José Miguel Belloque Vane (NL) & Raymond Sarlemijn (NL) - August 2009  
音樂: Mi Rowsu - Damaru & Jan Smit



Intro: 32 counts

## Walks Fwd, Rockstep, Step, Step, ¼ Turn Right, Cross

1            RF Small step fwd  
&            LF Small step fwd  
2            RF Small step fwd  
3            LF Small step fwd  
&            RF Small step fwd  
4            LF Small step fwd  
5            RF Rock fwd  
&            LF Recover weight on LF  
6            RF Step back  
7            LF Step back  
&            RF ¼ turn right, stepping to right side  
8            LF Cross over RF

## Side Rock, Cross, ½ Turn Right, Cross, Side, Together, Fwd, Side, Together, Fwd.

1            RF Rock to right side  
&            LF Recover weight on LF  
2            RF Cross over LF  
3            LF ¼ turn right, stepping back  
&            RF ¼ turn right, stepping to right side  
4            LF Cross over RF  
5            RF Step to right side  
&            LF Step together  
6            RF Step fwd  
7            LF Step to left side  
&            RF Step together  
8            LF Step fwd

## Paddle ½ Turn Left, Shuffle Fwd, Paddle ½ Turn Right, Hiproll

&            RF ¼ turn left, lift R.knee  
1            RF Touch to right side  
&            RF ¼ turn left, lift R.knee  
2            RF Touch to right side  
3            RF Step fwd  
&            LF Step together  
4            RF Step fwd  
&            LF ¼ turn right, lift L.knee  
5            LF Touch to left side  
&            LF ¼ turn right, lift L.knee  
6            LF Touch to left side  
&            LF Step together  
7            Roll hips counter clockwise, hold hands together above your head  
8            Roll hips counter clockwise, hold hands together above your head

**Side, Together, Side, Heel, Side, Together, Side, Heel, Side, Touch, ¼ Turn Left, Touch, ¼ Turn Left, Touch, Side, Touch**

- 1 RF Step to right side
- & LF Step together
- 2 RF Step to right side
- & LF Heel diagonally left fwd
- 3 LF Step to left side
- & RF Step together
- 4 LF Step to left side
- & RF Heel diagonally right fwd
- 5 RF Step to right side
- & LF Touch next to RF
- 6 LF ¼ turn left, stepping to left side
- & RF Touch next to LF
- 7 RF ¼ turn left, stepping to right side
- & LF Touch next to RF
- 8 LF Step to left side
- & RF Touch next to LF

**TAG: AFTER the 6th wall add the next 2 counts**

- 1 Roll hips counter clockwise, hold hands together above your head
  - 2 Roll hips counter clockwise, hold hands together above your head
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