

Ride Back Home

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner Plus
編舞者: Helen Griffiths (AUS) & Annemaree Sleeth (AUS) - October 2009
音樂: A Ride Back Home - John Mellencamp : (Album: Life, Death, and Freedom)



September 2009 - Start on Lyrics or 16 then count in 5,6,7,8, counts

VINE RIGHT , TOUCH , VINE LEFT, TOUCH

1-4 Step R to side, cross L behind R, step R side, touch L beside R
5-8 Step L to side , cross R behind L, step L side, touch R beside L

STEP LOCK STEP, HOLD X 2

1-4 Step R fwd , lock L behind R , step fwd R, hold
5-8 Step L fwd, lock R behind L , step fwd L , hold

SIDE ROCK, CROSS , 1/2 TURN, STEP SWEEPS

1-2 Step R side, recover L
3-4 Cross R in front of left , 1 /4 turn right stepping L back *

***Restart happens here, on 3rd wall, facing back. Dance steps/counts 1-19 , on count 20, recover weight to L**

5- 6 1/4 turn R stepping forward on R, sweep L to front [6:00]
7 -8 Step fwd on left, sweep R fwd

JAZZ BOX ¼ , ROCKING CHAIR

1-4 Cross on R, ¼ turn right stepping back on L, step R to right side, Step L beside R [9:00]
5-8 Rock R fwd, recover on left , rock back right, recover on left

Ending: On the last wall, the dance ends after 16 counts into the dance, so on count 16, replace that "Hold" step with - ¼ Turn right on R foot, facing front wall.

Enjoy!

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