

T-Shirt

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Tan Candy (SG) - October 2009
音樂: T-Shirt - Shontelle : (4:07)



Start after 16 counts

Section 1: Step Drag, Back Rock, ¼ Turn L Forward Lock Step, Full Turn L, Forward Mambo

1 Step R to R side
2&3 Drag L to R, rock back diagonally on L (body faces 10:30), recover weight on R
4&5 Make ¼ turn L stepping forward on L (9:00), lock step R behind L, step forward on L
6-7 Make ½ turn L stepping back on R (3:00), make ½ turn L stepping forward on L (9:00)
8&1 Rock forward on R, recover weight on L, step back on R

Section 2: ¼ Turn L Sway ?2, L Chasse, Back Rock, Mambo ¼ Turn R

2-3 Make ¼ turn L stepping L to L side and sway hips L (6:00), sway hips R
4&5 Step L to L side, step R beside L, step L to L side
6-7 Rock back on R, recover weight on L
8&1 Rock forward on R, recover weight on L, make ¼ turn R stepping R to R side (9:00)

RESTART: During wall 3 and wall 7,

Restart dance after count 16& by making ¼ turn R. (both facing 3:00)

Section 3: Drag Ball Step, Mambo ¼ Turn L, Pivot ¼ Turn L, Cross, Side Behind, ¼ Turn L Step

2&3 Drag L to R, step ball of L beside R, step R to R side
4&5 Rock forward on L, recover weight on R, make ¼ turn L stepping forward on L (6:00)
6&7 Step forward on R, pivot ¼ turn L taking weight on L (3:00), cross step R over L
8&1 Step L to L side, step R behind L, make ¼ turn L stepping forward on L (12:00)

Section 4: Press Recover, Coaster ¼ Turn R, Pivot ½ Turn R, R Sailor

2-3 Press forward on R, recover weight on L and sweep R from front to back
4&5 Make ¼ turn R stepping back on R (3:00), step L beside R, step forward on R
6-7 Step forward on L, pivot ½ turn R taking weight on L (9:00)
8&(1) Sweep R to step behind L, step L to L side, (step R to R side)

REPEAT

RESTART

During wall 3 and wall 7, restart dance after count 16& by making ¼ turn R. (both facing 3:00)