

Once More Round the Block

COPPERKNOB
STEPPERS

拍數: 64 牆數: 4 級數: Improver
編舞者: Judith Campbell (NZ) - April 2009
音樂: Cab Driver - Scooter Lee



Intro: 16 counts – moves anti-clockwise

(1 – 4) Rock fwd Recover – Coaster

1 2 3&4 Rock/step fwd on R ft, recover onto L ft, step bk on R, step L next to R, step fwd on R

(5 – 8) Cross Touch to Side – Cross Unwind

5 6 7 8 Cross L over R, touch/tap R ft to R side, cross R over L, unwind ½ to L (weight still on L ft)

(9 – 16) Double Hip Bumps – Step to side Tap (R then L) (6:00)

1 2 3 4 Push hip twice to the R then twice to the L –

optional hand movements with hip bumps (swing hands over to R then to L)

5 6 7 8 Step R to R side, tap L next to R, step L to L side, tap R next to L

***(17 – 32) Repeat counts 1 – 16 finishing (12:00)**

(&33 – 36) Side Ball Change – Cross – Back – Side

&1 2 3 4 Step on R ball of ft to R side (&), step L in place, cross R over L, step L back, step R to R side

(37 – 40) Cross Toe Heel Strut – Side Toe Heel Strut (moving to R)

5 6 7 8 Step L toe across R ft, lower heel, step R to R side toe, heel

(&41 – 44) Side Ball Change – Cross – Back – Side

&1 2 3 4 Step on L ball of ft to L side (&), step R in place, cross L over R, step R back, step L to L side

(45 – 48) Cross Strut – Side Strut (moving to L)

5 6 7 8 Step R toe across L ft, lower heel, step L to L side toe, heel

(49 – 52) Weave to R side

1 2 3 4 Step R to R, step L behind R, step R to R, step L across in front

(53 – 56) Side Shuffle to R side – Rock Recover

5 &6 7 8 Step R to R side, step L next to R, step R to R, step L ball behind R ft, step R ball in place

(57 – 60) (turn ¼ to the L) Heel together 45 (L, R)

1 2 3 4 Turn ¼ to L Placing L heel fwd 45 to L(1), close L next to R ft, place R heel 45 R, close R next to L (9:00)

(61 – 64) L Heel 45 – Ball Change with Step Fwd – Heel Toe Strut fwd on L

5&6 Place L heel 45 L, bring L ball in behind R ft, stepping fwd on R ft (ball change),

7 8 Step L heel fwd, lower toe (taking the weight onto L)

Repeat done in new direction –

On wall 6 (you will be facing 9:00) to finish dance Counts *(17 – 32) do counts 1 – 7 then instead of turning a 1½ only turn a ¼ to finish front count 8 - do one hip bump to R taking weight onto R ft 1 - Hold counts 2 3 4 (swinging hands over to R slowly) then transfer weight onto L ft. on count 5 click L fingers.

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