

La Vie En Rose (Life Likes a Rose)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Celia Chang - September 2009
音樂: La vie en rose - Alex Swings Oscar Sings!



Intro: 32 Counts

Special thanks to my teachers: Jessica Guu and Juliet Lam for their loving support and encouragement.

Sec 1: 1/2 Rumba Box X 2 with Holds

1-4 Step Left to Left side, step Right next to Left, step Left forward, Hold
5-8 Step Right to Right side, step Left next to Right, step Right forward; Hold (12:00)

Sec 2: Rock Forward, Recover, 1/2 Turn Shuffle, Step, 1/2 Turn, 1/2 Turn, Together

1-2 Rock forward Left, recover Right
3&4 Triple step 1/2 Left, stepping Left, Right, Left (6:00)
5-6 Step forward on Right, 1/2 turn Right stepping back Left
7-8 1/2 Turn Right stepping Right forward, step Left beside Right (6:00)***

Sec 3: Walk, Walk, Press Recover, Right Sweep Back, Left Sweep Back, 1/2 Turn Right Forward, Left Forward

1-2 Walk diagonal forward R, L (7:30)
3-4 Press right knee forward, recover onto left (7:30)
5-6 Sweep Right out from front to back, step Right behind Left, sweep Left out from front to back, step Left behind Right 7:30)
7-8 1/2 Turn Right by stepping Right forward, step forward on Left (1:30)

Sec 4: Rock Forward, Recover, 1/8 Turn Right Side shuffle, Cross Unwind Full Turn Right, Sailor Cross

1-2 Rock forward on Right, recover on Left (1:30)
3&4 1/8 Turn Right, step Right to Right side, step Left next to Right, step Right to Right side (3:00)
5-6 Cross left over right, unwind full turn Right (weight on left)
7&8 Sweep Right back behind Left, step Left to Left side, step Right across Left (3:00)

Repeat & Enjoy!

RESTARTS: Dance up to 16 counts on Wall 2 and Wall 6.

Please note, on count 16th substitute to Left touch next to right and restart the dance.

TAG: ***

1-4 Sway L, R, L, R

This tag is executed after 16 counts of Wall 6 then restarts the dance from step 1.