# **Best Wishes**

拍數: 32

級數: Beginner

編舞者: Juliet Lam (USA) - September 2009

- 音樂: (I Wish I Knew How It Would Feel to Be) Free / One Lighthouse Family
- Start dancing on Lyrics

#### Dedicated to my dear friend, Alice Yu who has recently sustained injuries

## Section 1: Cross Rock, Recover, Chasse Left, Cross Rock, Recover, Chasse ¼ Right

- 1 2 Cross rock left over right, recover on right
- 3&4 Step left to left side, step right next to left, step left to left side
- 5 6 Cross rock right over left, recover on left
- 7&8 Step right to right side, step left next to right, ¼ right stepping forward on right (3:00)

#### Section 2: Pivot ½ Turn Right, Triple ½ Turn Right, Rock Back, Recover, Kick Ball Point

- 1-2 Step forward on left, pivot  $\frac{1}{2}$  turn right (9:00)
- 3&4 Triple <sup>1</sup>/<sub>2</sub> turn right stepping left, right, left (3:00)
- 5-6 Rock back on right, recover on left
- 7&8 Kick right forward, step ball of right beside left, point left toe to left side

# Section 3: Cross, Side, Behind, Point, ½ Monterey Turn, Cross Rock, Recover

- 1-4 Cross left over right, step right to right side, step left behind right, point right to right side
- 5-6 Make  $\frac{1}{2}$  turn over right stepping right in place, point left to left (9:00)
- 7 8 Cross rock left over right, recover on right

## Section 4: Step, Touch, Step, Touch, Sway L, R, L, R

- 1 2 Step left to left side, touch right beside left
- 3 4 Step right to right side, touch left beside right
- 5 8 Step left to left as you sway left, right, left, right (weight on right)

#### Repeat & Enjoy





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**牆數:**4