

# She Wolf

**COPPER KNOB**  
BY STEPHEN

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Carol Reid (UK) - September 2009  
音樂: She Wolf - Shakira



Start on vocals - 35 seconds

## RIGHT FORWARD SHUFFLE, STEP ½ TURN, LEFT SHUFFLE, FULL TURN

1&2      step forward on right foot, bring left next to right, step forward on right  
3-4      step forward on left, turn ½ turn to the right  
5&6      step forward on left foot, bring right foot next to left, step forward on left  
7-8      turn ½ turn left stepping back on right foot, turn ½ turn left stepping forward on left

## RIGHT KICK BALL TOUCH, LEFT SAILOR ¼ TURN, RIGHT HEEL & TOUCH X 2

1&2      kick right forward, step down on right, point left to left side  
3&4      swing left behind right, turn ¼ turn to left step onto right foot, step left to left side  
5&6      touch right heel forward, bring right next to left, touch left toe next to right  
&7&8      step down on left foot, touch right heel forward, bring right foot next to left, touch left toe next to right

## VINE LEFT WITH TOUCH, ¼ TURN, ½ TURN, SHUFFLE ¼ TURN

1-2      step left to left side, step right behind left  
3-4      step left to left side, touch right next to left  
5-6      turn ¼ turn right onto right foot, turn ½ turn right stepping back onto left  
7&8      turn ¼ turn right stepping right to right side, bring left next to right, step right to right side

## TOUCH FRONT, SIDE, SAILOR STEP, TOUCH FRONT, SIDE SAILOR ¼ TURN TO RIGHT

1-2      touch left toe forward, touch left toe to left side  
3&4      left behind right, step right to right side, step left next to right  
5-6      touch right toe forward, touch right toe to right side  
7&8      step right behind left, turn ¼ turn to right stepping left beside right, step right to right side

## LEFT & RIGHT LOCK STEPS, LEFT SHUFFLE FORWARD, RIGHT MAMBO STEP

1-2&      step forward on left, lock right behind left, step forward on left  
3-4&      step forward on right, lock left behind right, step forward on right  
5&6      step forward on left foot, bring right next to left, step forward on left  
7&8      rock forward on right recover onto left foot, step back on right foot

## STEP BACK & SWEEP X 2, SAILOR ¼ TURN, RIGHT KICK & POINT, POINT, TOUCH

1-2      swing left foot out and behind right, swing right foot out and behind left\*  
3&4      step left behind right, turn ¼ turn to left stepping right to right side, step left next to right  
5&6      kick right foot forward, step right next to left, point left to left side  
&7-8      step onto left foot, point right to right side, touch right next to left

## RESTART HERE

## RIGHT SHUFFLE, MAMBO ½ TURN, KICK & POINT, SAILOR ¼ TURN

1&2      step forward on right, step left next to right, step forward on right  
3&4      rock forward on left, recover weight on right, turn ½ turn left stepping onto left  
5&6      kick right foot forward, step right next to left, point left foot to left side  
7&8      step left behind right, turn ¼ turn to left stepping right to right side, step left next to right

## RIGHT VINE, ROLLING VINE WITH TOUCH

1-2      step right to right side, step left behind right

- 3-4 step right to right side, touch left next to right,  
5-6 turn  $\frac{1}{4}$  turn to left stepping left forward, turn  $\frac{1}{2}$  turn left stepping back on right foot  
7-8 turn  $\frac{1}{4}$  turn left stepping left to left side, touch right beside left

**RESTART ON WALL 2**

**dance until count 42\* instead of sailor  $\frac{1}{4}$  turn, do a sailor  $\frac{1}{2}$  turn then continue to count 48 then restart dance from beginning. you will be facing back wall**

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