

MDO Cha

拍數: 64 牆數: 2 級數: Intermediate Cha
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Intro: 32 counts

STEP, ROCKING CHAIR, STEP, PIVOT ½ L, BACK LOCK STEPS

1 Step forward on left
2&3&4 Rock forward on right, recover onto left, rock back on right, recover onto left, step forward on right
5 Pivot ½ turn left (weight on right)
6&7&8 Step back on left, lock right over left, step back on left, lock right over left, step back on left

BACK, DRAG, CLOSE WITH R KNEE POP, FORWARD SHUFFLE, MAMBO ¼ L, CROSS ROCK, SIDE

1-3 Step back on right, drag left to right foot, step left beside right and flick right foot back
4&5 Step forward on right, lock left behind right, step forward on right
6&7 Rock forward on left, recover onto right, ¼ turn left step left to left
8&1 Rock right over left, recover onto left, step right to right

CROSS ROCK, L CHASSE, CROSS, UNWIND FULL L, R CHASSE

2-3 Rock left over right, recover onto right
4&5 Step left to left, step right beside left, step left to left
6-7 Cross right over left, unwind full turn left (weight on left)
8&1 Step right to right, step left beside right, step right to right

CROSS, POINT, BEHIND, ¼ L, STEP, HIP BUMPS

2-3 Cross left over right, point right toe to right
4&5 Step right behind left, ¼ turn left step forward on left, step forward on right
6-7 Step left foot towards left diagonal as you bump left hip forward, bump right hip back
8&1 Bump left hip forward, bump right hip back, bump left hip forward (weight on left)

KICK, BACK, CROSS, ¾ R SHUFFLE, SIDE, CLOSE, L CHASSE

2&3 Kick forward on right, step back on right, cross left over right
4&5 ½ turn right step forward on right, lock left behind right, ¼ turn right step forward on right
6-7 Step left to left, step right beside left
8&1 Step left to left, step right beside left, step left to left

CROSS, ¼ R, SIDE, BEHIND, ¼ R, SIDE, CROSS, POINT, BEHIND, ¼ R, STEP

2&3 Cross right over left, ¼ turn right step back on left, step right to right
4&5 Step left behind right, ¼ turn right step forward on right, step left to left
6-7 Cross right over left, point left toe to left
8&1 Step left behind right, ¼ turn right step forward right, step forward on left

***Restart on wall 2

FORWARD ROCK, BACK, ½ L STEP, FORWARD ROCK L COASTER

2-3 Rock forward on right, recover onto left
4&5 Step back on right, ½ turn left step forward on left, step forward on right
6-7 Rock forward on left, recover onto right
8&1 Step back on left, step right beside left, step forward on left

FORWARD ROCK, BACK, ½ L STEP, FORWARD ROCK L COASTER

2-3 Rock forward on right, recover onto left

4&5 Step back on right, ½ turn left step forward on left, step forward on right
6-7 Rock forward on left, recover onto right
8&1 Step back on left, step right beside left, step forward on left

REPEAT

RESTART

On wall 2, dance to count 48&, then restart dance (facing 12 o'clock).

TAG

After wall 4, do the following 4 counts.

1 Step forward on left
2&3&4 Rock forward on right, recover onto left, rock back on right, recover onto left, step forward on right
