

What You Are To Me

COPPERKNOB
STEPSHEETS

拍數: 96 牆數: 4 級數: Intermediate Waltz
編舞者: Kumari Tugnait (UK) - August 2009
音樂: You Are My Life - Michael Jackson : (Album: Invincible)



24 count intro, start on vocal

LEFT STEP TOUCH KICK, RIGHT COASTER, LEFT LOCK STEP, ¼ LEFT CROSS

- 1 – 6 Step forward on left, touch right beside left, kick right forward, Step back on right, step left beside right, step forward on right
- 7 – 12 Step forward on left, lock step right behind left, step forward on left, Step forward on right, ¼ pivot turn left, cross step right over left

STEP DRAG TOUCH, ROLLING VINE RIGHT, TWINKLES LEFT & RIGHT

- 1 – 6 Step long step to left, drag right up to meet, touch right toes beside left foot, Step forward on right making ¼ turn right, ½ turn right stepping back on left, ¼ turn right stepping right to right side (can be replaced with vine right)
- 7 – 12 Cross step left over right, step right to right side, step left to left side, Cross step right over left, step left to left side, step right to right side

LEFT STEP HITCH ¼ TURN LEFT, RIGHT COASTER, STEP POINT HOLD, UNWIND FULL TURN RIGHT

- 1 – 6 Step forward on left, hitch right leg, ¼ turn left on ball of left foot, Step back on right, step left beside right, step forward on right
- 7 – 12 Step forward on left, point right toes to right side, hold, Touch right toes behind left foot, unwind full turn right (weight on right)

(Alt steps for 10 – 12: step back on right, drag left up to meet & touch)

SIDE ROCK CROSS x 2, LEFT WEAVE ¼ TURN LEFT, SWEEP ½ TURN TOUCH

- 1 – 6 Side rock left to left side, recover on right, cross step left over right, Side rock right to right side, recover on left, cross step right over left
- 7 – 12 Step left to left side, step right behind left, step forward on left making ¼ turn left, Sweep right foot round from back to front making ½ turn left, touch right toes beside left

STEP FORWARD TOUCH OUT IN x 2, RIGHT FORWARD MAMBO, TOUCH BACK UNWIND ½ TURN LEFT

- 1 – 6 Step forward on right, touch left toes to left side, touch beside right, Step forward on left, touch right toes to right side, touch beside left
- 7 – 12 Rock forward on right, recover back on left, step back on right, Touch left toes behind right, unwind half turn left (weight on right)

(Restart here on wall 2, facing 12 o'clock)

STEP SWEEP x 2, WEAVE RIGHT, ROCK BACK RECOVER, ¼ TURN LEFT WITH SWEEP

- 1 – 6 Step forward on left, sweep right foot round from back to front, Step forward on right, sweep left foot round from back to front
- 7 – 12 Cross step left over right, step right to right side, rock left behind right, Recover forward on right, step forward left making ¼ turn left, sweep right foot round from back to front

CROSS UNWIND FULL TURN LEFT, LEFT SAILOR ½ TURN CROSS, RIGHT STEP DRAG TOUCH, LEFT COASTER

1 – 6 Cross step right over left & unwind full turn left, sweeping left foot round from front to back, Step left behind right making $\frac{1}{4}$ turn left, step right to right side making $\frac{1}{4}$ turn left, cross step left over right

(Alt steps: Cross unwind $\frac{1}{2}$ turn left, left sailor cross)

7 – 12 Step long step to right, drag left up to meet, touch toes beside right foot, Step back on left, close step right beside left, step forward on left

RUN FORWARD RIGHT LEFT RIGHT, LEFT MAMBO $\frac{1}{2}$ TURN LEFT, STEP $\frac{1}{4}$ LEFT HOLD, RIGHT TWINKLE

1 – 6 Step forward on right, step forward on left, step forward on right, Rock forward on left, recover back on right, step forward on left making $\frac{1}{2}$ turn left

7 – 12 Step forward on right, pivot $\frac{1}{4}$ turn left, hold (weight on left), Cross step right over left, step left to left side, step right to right side

There is one restart on wall 2

Please see notes for alternative steps to the full turns

e-mail: nazgul.isengaard@ntlworld.com
