Listen To Your Heart



拍數: 64 牆數: 2 級數: Intermediate / Advanced

編舞者: Sophitia Christiansen (DK) - September 2008

音樂: Listen to Your Heart - Roxette: (CD: Look Sharp! - 5:14)



Intro: 32 counts

| S1: Side. | . Cross Rock. | . Recover. | TripleFull Turr | Back Rock | . Recover | . Side. | Behind. | 1/4 |
|-----------|---------------|------------|-----------------|-------------------------------|-----------|---------|---------|-----|
| | | | | | | | | |

\$12 Step right to right, cross rock left over right, recover onto right,

3&4 Travel to the side by stepping left to ¼ left, step right back to ½ turn left, step left to ¼ left

side

Rock right behind left, recover onto left, step right to right, step left behind right, right forward

to ¼ right,

S2: ½ Sweep, Twinkle ½, Full Turn, Twinkle ¼, Hitch

Sweep left foot around to ½ turn right, cross left over right, step right back to ¼ left, left to ¼

left,

Step right back to ½ turn left, step left forward to ½ turn left

7&8 Cross right over left, step left to ¼ right, hitch right (angling body to right diagonal)

-----Restart Here On Wall 2

S3: Ball Step, Forward, Press, Recover, Cross, Unwind 34, Side, Behind Side Cross, Side Rock 14

&1 Step right beside left, step left forward to right diagonal

23 Press right, recover onto left,

4&5 Cross right over left, unwind ¾ left, step right to right
6&7 Cross left behind right, right to right, cross left over right
8& Side rock on right, recover onto left with a ¼ left turn,

S4: Step, Forward, Pivot ¾, Sway, Sway, Cross, ¼ Run, Run, ¼ Back, Back

12& Step right forward, step forward on left, pivot ¾ right

345 Step left to left and sway hips left, sway hips right, cross left over right

6&78 Step right to ¼ right, step forward on left, step right back to ¼ left, step back on left

S5: Sweep, Behind, Side, Cross Rock, Recover, 1/4, 1/2, Back Rock, Recover, Forward

Sweep right from front to back, cross right behind left, step left to left, cross rock right over

left

Recover onto left, step right to ¼ right, step left back to ½ right Rock back on right, recover onto left, step forward on right

S6: ¼ Nightclub Step, Behind, ¼, Forward, Spiral ½ Turn, Front Coaster

12&3 Make a long left step to ¼ right, step right behind left, cross left over right, long right step to

right side

4&56 Step left behind right, step right to ¼ right, step forward on left, execute a spiral ½ turn right

7&8 Step forward on right, together on left, step back on right

S7: Forward, ¼ Sweep, Weave, Behind Side Cross, ¼, ¼

12 Step forward on left and prepare to turn left, sweep right to ¼ left

3&4 Cross right over left, step left to left, cross right behind left

5&6 Sweep left around and cross left behind right, step right to right, cross left over right

78 Step right back to ¼ left, step left to ¼ left side

S8: Back Rock, Recover, ¼, Rock Back, Look Back, Look Front, Recover, Forward Rock, Recover, ½, Forward

| 12&3 | Rock back on right, recover onto left, step right back to ¼ left, rock back on left |
|------|-------------------------------------------------------------------------------------|
| 45 | Hold as you look back over your left shoulder, look forward and recover onto right |
| 678 | Rock forward on left, recover onto right, step left to ½ left |

*4 Counts Tag ** Pivot ½ x2

Step right forward, pivot ½ turn left, 1,2 Step right forward, pivot ½ turn left 3,4

^{*} After Wall 5, add the 4 counts tag to the dance and restart.

* As the music is too long, you may wish to end the dance once the music pauses approximately at 04.00 in track.