

Now You're Gone

COPPER KNOB
BY STEPHEN HETS

拍數: 20 牆數: 4 級數: Beginner Plus / Improver NC2S
編舞者: Dee Musk (UK) - September 2009
音樂: Water and a Flame (feat. Adele) - Daniel Merriweather : (Album: Love & War - 3:39)



***16 Count Intro. Approx 13 seconds. Start just before the main vocals.**

CROSS ROCK RECOVER SIDE, L CROSS ROCK RECOVER SIDE.

1,2& Cross rock R over L, recover weight to L, step R to R side.
3,4& Cross rock L over R, recover weight to R, step L to L side.
(12 o'clock).

STEP ROCK RECOVER, STEP ROCK RECOVER.

5,6& Step forward on R, rock forward on L, recover weight to R.
7,8& Step back on L, rock back on R, recover weight to L.
(12 o'clock).

STEP, STEP ¼ TURN R, CROSS ROCK RECOVER SIDE.

1,2& Step forward on R, step forward on L, make a ¼ turn R (weight on R).
3,4& Cross rock L over R, recover weight to R, step L to L side.
(3 o'clock).

CROSS ROCK RECOVER SIDE, STEP ROCK RECOVER.

5,6& Cross rock R over L, recover weight to L, step R to R side.
7,8& Step forward on L, rock forward on R, recover weight to L.
(3 o'clock).

STEP ROCK RECOVER, STEP STEP ½ TURN L.

1,2& Step back on R, rock back on L, recover weight to R.
3,4& Step forward on L, step forward on R, make a ½ turn L.
(9 o'clock).

Relax and enjoy xx

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