

# Down!

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Shaz Walton (UK) - September 2009  
音樂: Down (feat. Lil Wayne) - Jay Sean



## **Cross Unwind. Back Rock. Recover. Kick. Touch. Swivel ¼ right.**

- 1-2      Cross right over left. Unwind ½ turn left.
- 3-4      Rock back on left. Recover right.
- 5-6      Kick left forward. Touch left forward
- 7-8      making a ¼ turn right on ball of right foot swivel left heel left. Drop weight onto left (Funk it up!)

## **Rock back. Recover. Forward. Big side. Rock. Recover. ¼ . Sweep.**

- 1-2      Rock back right. Recover left.
- 3-4      Step forward right. Take a big step left with left foot.
- 5-6      Rock back right. Recover left.
- 7-8      Step right forward making ¼ right. Sweep left from back to front (no weight)

## **Cross/flick. Step. Side. Flick. Dip ¼ /hitch. Side . Forward.**

- 1-2      Cross left over right as you flick right behind left . step right behind left.
- 3-4      Step left to left. flick right behind left .
- 5-6      Step right to right as you dip down with feet apart. Make ¼ left on right foot as you hitch left up.
- 7-8      Step left to left. Step right forward.

## **Step. ½ pivot. Full turn Side. Sailor ¼ kick. (with Diva Click!- Optional!) Step forward.**

- 1-2      Step forward left. Make ½ pivot turn right.
- 3-4      Make ½ right stepping back left. Make ½ right stepping right forward. (or walk L-R)
- 5      Step left to side.
- 6&7      Cross right behind left. Step left to left. Making ¼ left step back on right while kicking left forward. (Optional arm movement – bring right arm up & click fingers in a diva – ish way! On count 7)
- 8      Step left forward.

## **Dip. Knees in-out. slide. Rock Recover. Point. ¼.**

- 1-2-3-4      Step right to right as you dip down with knees out. Bring knees in. Push knees out.

## **Straighten up as you slide left upto right.**

- 5-6      Rock back on left. Recover right.
- 7-8      Point left forward. Make ¼ right dropping weight onto left.

## **Rock back. Recover. Full turn. Side rock. Recover. Behind. ¼**

- 1-2      Rock back on right. Recover on left.
- 3-4      Make ¼ right stepping right forward. Make ½ right stepping back left.
- 5-6      Make ¼ right rocking out to right. Recover on left.
- 7-8      cross step right behind left. Make ¼ left stepping left forward.

## **Angled bounce. Hold. Cross. Back. Toe/heel transfer. Step. ¼ pivot.**

- 1-2      Facing left diagonal- step right back to right diagonal as you dip. Hold (POSE!)
- 3-4      Cross step right over left. Step back left.
- 5-6      Touch right toe next to left. Drop right heel as you raise left heel.
- 7-8      step forward left. Make ¼ pivot turn right. (weight left)

## **Cross . Hold x2 . rock. Recover. Walk x2**

1-2 Cross step right behind left. Hold  
3-4 Cross step left behind right. Hold  
5-6 Rock back on right. Recover on left.  
7-8 x2 small walks right- left.

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