

# Get Rhythm

拍數: 34      牆數: 2      級數: Beginner  
編舞者: Helen Conroy (IRE) - September 2009  
音樂: Get Rhythm - Johnny Cash



**Start dance on vocals**

## **SECTION 1: Right Charleston Step X 2**

- 1-2-            Step forward on right, kick left forward
- 3-4-            Step back on left, touch right toe back
- 5-8-            Repeat steps 1-4 of section 1

## **SECTION 2: Walk Forward X 3, Kick Left Forward, Walk Back x 3, Touch Right**

- 1-4-            Walk forward right, left, right, kick left forward
- 5-8-            Walk back left, right, left, touch right beside left

## **SECTION 3: Right & Left Side Touches with 1/4 Turn Left**

- 1-2-            Step right to right side, touch left beside right
- 3-4-            1/4 Left stepping forward on left, touch right beside left
- 5-8-            Repeat steps 1-4 of section 3

## **SECTION 4: Walk Forward x 3, Kick Left Forward, Walk Back x 3, Close Right**

- 1-4-            Walk forward right, left, right, kick left forward
- 5-8-            Walk back left, right, left, close right beside left

**RESTART : During Walls 2 & 6 Leave Out Section 5 & Restart The Dance.**

## **SECTION 5: Heel Bounces x 2**

- & 1-            Lift right & left heels up , drop right & left heels down
- & 2-            Lift right & left heels up, drop right & left heels

Helen - [www.linedanceireland.ie](http://www.linedanceireland.ie)

---