

# Quick Fix

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Karl-Harry Winson (UK) - August 2009  
音樂: Quick Fix - V V Brown : (Album: Travelling like the light)



**Intro: 16 count intro (start on vocals)**

**Section 1: (1-8) Walk x2. Right kickball change. Step ¼ turn x2.**

1-2            Walk forward on the right. Walk forward on the left.  
3&4           Kick the right foot forward. Step right next to left. Step left in place next to right.  
5-6           Step forward on the right. Make a ¼ turn left.  
7-8           Step forward on the right. Make a ¼ turn left.

**(Counts 5-8, emphasis with hip movements)**

**Section 2: (9-16) Cross side behind & heel. & cross-side. Weave right.**

1-2            Cross right over left. Step left foot to the left side.  
3&4           Step right behind left. Step left next to right. Dig right heel to right diagonal.  
&5,6          Step right next to left foot. Cross left foot over right. Step right foot to right side.  
7&8           Cross left foot behind the right. Step right foot to right side. Cross left foot in front of the right.

**Section 3: (17-24) Syncopated rocks. Left jazz box.**

1-2            Rock right foot out to right side. Recover weight back into the left.  
&3,4          Step right next to the left. Rock left foot out to the left side. Recover weight back into the right.  
5-6           Cross left foot over right. Step back on the right.  
7-8           Step left foot to the left side. Scuff the right foot past the left.

**Section 4: (25-32) Right shuffle. Step left ½ turn. Shuffle ½ turn. Right coaster step.**

1&2           Step forward on the right. Step left next to right. Step forward on the right.  
3-4           Step forward on the left. Make a ½ turn right.  
5&6           Shuffle ½ turn right stepping; Left, Right, Left (3.00).  
7-8           Step back on the right. Step left next to right. Step forward on the right.

**Section 5: (33-40) Heel switches (with rocks, travelling forward).**

1&2           Dig left heel forward. Step left foot next to right. Dig right heel forward.  
&3,4          Step right foot next to left. Rock forward on the left. Recover weight back into the right.  
&5           Step left next to the right. Dig right heel forward.  
&6           Step right next to the left. Dig left heel forward.  
&7,8          Step left next to the right. Rock forward on the right. Recover weight back into the left.

**Section 6: (41-48) ½ turn. ¼ turn. Sailor step. Step forward x2. Step back touch.**

1-2            Make a ½ turn right stepping forward on the right; make a ¼ turn right stepping left foot to the left side.  
3&4           Step right behind the left. Step left foot out to left side. Step right foot out to right side.  
5-6           Step forward and out on the left. Step forward and out on the right.  
7-8           Step back on the left. Touch right foot next to the left.