

Cha Cha For Elise

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 4 級數: Phrased Intermediate
編舞者: Tok Sai Dee (MY) & Sandy - August 2009
音樂: Fur Elise - Günter Noris Und Seine Gala-Big Band



Pattern: AABA / C / AABA / D
(Intro : 16 Counts)

Part A (32 counts)

SECTION 1 : LEFT CHASSE, BACK, TOUCH FORWARD, SHUFFLE FORWARD, RIGHT CHASSE

1&2 Step LF to side, Close RF next to LF, Step LF to side
3 Step RF back
4 Touching LF in front of RF (weight on RF)
5&6 Step LF forward, Close RF next to LF, Step LF forward
7&8 Step RF to side, Close LF next to RF, Step RF to side Optional Arms : (&8) Left hand on left hip, right arm is raised pointing diagonally up

SECTION 2 : SIDE STEP TOUCH (x2), ¼ LEFT, ½ LEFT, LOOK BACK, LOOK FRONT

1-2 Step LF to side, Touch RF next to LF Optional Arms : (1-2) Left arm stretched horizontal to side looking left, touching right palm behind neck
3-4 Step RF to side, Touch LF next to RF Optional Arms : (3-4) Dropping right arm to side looking right, touching left palm behind neck
5 ¼ Turn left step LF forward
6 ½ Turn left step RF back (ending in a slight sitting position)
7-8 Hold - Look Back, Look Front

SECTION 3 : FORWARD TOUCH, BACK TOUCH, PIVOT ½ RIGHT, SHIMMY SHOULDERS

1-2 Step LF forward, Touch RF next to LF
3-4 Step RF back, Touch LF next to RF
5 Step LF forward
6 ½ Turn over right touching RF in front of LF (keeping weight on LF)
7&8 Shimmy shoulders

SECTION 4 : FORWARD TOUCH, BACK TOUCH, PIVOT ½ LEFT, HIP BUMPS

1-2 Step RF forward, Touch LF next to RF
3-4 Step LF back, Touch RF next to LF
5 Step RF forward
6 ½ Turn over left touching LF forward (keeping weight on RF)
7-8 Hip Bumps LR (weight remain on RF)

Part B (48 counts)

SECTION 1 : CROSS FLICK (x2), FORWARD RECOVER, SHUFFLE BACK

1-2 Cross LF over RF (facing slightly diagonal right), Flick RF behind
3-4 Cross RF over LF (facing slightly diagonal left), Flick LF behind
5-6 Step LF forward (facing front), RF recover
7&8 Step LF back, Step RF next to LF, Step LF back

SECTION 2 : BACK RECOVER, LOCKSTEPS FORWARD, PIVOT ½ RIGHT, STEP FORWARD, LOCKSTEPS

1-2 Step RF back, LF Recover
3&4 Step RF forward, Lock LF behind, Step RF forward
5&6 Step LF forward, ½ Turn over right step RF forward, Step LF forward
7&8 Step RF forward, Lock LF behind, Step RF forward

SECTION 3 : CROSS STEP, RECOVER SIDE (x2), CROSS FLICK (x2)

- 1&2 Cross LF over RF, RF Recover, Step LF to side
3&4 Cross RF over LF, LF Recover, Step RF to side
5-6 Cross LF over RF (facing slightly diagonal right), Flick RF behind
7-8 Cross RF over LF (facing slightly diagonal left), Flick LF behind

SECTION 4 : FORWARD RECOVER, SHUFFLE BACK, BACK RECOVER, LOCKSTEPS FORWARD

- 1-2 Step LF forward (facing front), RF recover
3&4 Step LF back, Step RF next to LF, Step LF back
5-6 Step RF back, LF Recover
7&8 Step RF forward, Lock LF behind, Step RF forward

SECTION 5 : PIVOT ½ RIGHT, STEP FORWARD, LOCKSTEPS, FORWARD RECOVER, RUN BACK 2 STEPS, TOUCH

- 1&2 Step LF forward, ½ Turn over right step RF forward, Step LF forward
3&4 Step RF forward, Lock LF behind, Step RF forward
5-6 Step LF forward, RF recover
7&8 Step LF back, step RF back, touch LF forward

SECTION 6 : HIP ROLLS ANTI-CLOCKWISE, SWAY HOLD (x2)

- 1-4 Hip Rolls anti-clockwise (weight ending on RF)
5-6 Step LF to side & sway left, Hold
7-8 Step RF to side & sway right, Hold

PART C (64 counts)**SECTION 1 : CROSS FLICK,(x2) , FORWARD RECOVER, SHUFFLE BACK.**

- 1-2 Cross LF over RF (facing slightly diagonal right), Flick RF behind
3-4 Cross RF over LF (facing slightly diagonal left), Flick LF behind
5-6 Step LF forward (facing front), RF recover
7&8 Step LF back, Step RF next to LF, Step LF back

SECTION 2 : BACK RECOVER, LOCKSTEPS FORWARD, PIVOT ½ RIGHT STEP FORWARD, LOCKSTEPS

- 1-2 Step RF back, LF Recover
3&4 Step RF forward, Lock LF behind, Step RF forward
5&6 Step LF forward, ½ Turn over right step RF forward, Step LF forward
7&8 Step RF forward, Lock LF behind, Step RF forward

SECTION 3 : CROSS FLICK,(x2) , FORWARD RECOVER, SHUFFLE BACK.

- 1-2 Cross LF over RF (facing slightly diagonal right), Flick RF behind
3-4 Cross RF over LF (facing slightly diagonal left), Flick LF behind
5-6 Step LF forward (facing front), RF recover
7&8 Step LF back, Step RF next to LF, Step LF back

SECTION 4 : BACK RECOVER, LOCKSTEPS FORWARD, PIVOT ½ RIGHT STEP FORWARD, LOCKSTEPS

- 1-2 Step RF back, LF Recover
3&4 Step RF forward, Lock LF behind, Step RF forward
5&6 Step LF forward, ½ Turn over right step RF forward, Step LF forward
7&8 Step RF forward, Lock LF behind, Step RF forward

SECTION 5 : CROSS SIDE BEHIND, CHASSE RIGHT, CROSS RECOVER SIDE

- 1-3 Cross LF over RF, Step RF to side, LF Behind RF
4&5 Step RF to side, Step LF next to RF, Step RF to side
6-8 Cross LF over RF, RF Recover, Step LF to side

SECTION 6 : CROSS SIDE BEHIND, CHASSE LEFT, CROSS RECOVER SIDE

1-3 Cross RF over LF, Step LF to side, RF Behind LF
4&5 Step LF to side, Step RF next to LF, Step LF to side
6-8 Cross RF over LF, LF Recover, Step RF to side

SECTION 7 : PIVOT ¼ RIGHT, CLOSE, SIDE, LEFT CHASSE, RIGHT CHASSE ¼ RIGHT

1-3 Step LF forward, ¼ Turn right step RF to side, Step LF next to RF
4 Step RF side
5&6 Step LF next to RF, step RF next to LF, step LF to side.
7&8 Step RF next to LF, step LF next to LF, ¼ Turn right step RF forward

SECTION 8 : LEFT CHASSE, RIGHT CHASSE ¼ RIGHT, PIVOT ½ RIGHT, HIP BUMPS

1&2 Step LF next to RF, Step RF next to LF, Step LF to side
3&4 Step RF next to LF, Step LF next to RF, ¼ Turn right step RF forward
5-6 Step LF forward, ½ Turn over right step RF forward
7-8 Bump hip left, Bump hip right

Optional Arms : (7-8) Swing both arms to left side, swing both arms to right side

PART D (4 Counts)

STEP FORWARD, TOUCH ¼ TURN CHASSE RIGHT (facing front wall)

1-2 Step LF forward, Touch RF next to LF
3&4 ¼ Turn over right step to side, Step LF next to RF, Step RF to side

Optional Arms : (&4) Left hand on left hip, right arm is raised pointing diagonally up. Finish with a pose.

(Contact Tok Sai Dee, Sandy : toksailee@gmail.com)
