

# Before I Say Goodbye

COPPER KNOB  
BY STEPHEN METZ

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Dom Yates (UK) - August 2009  
音樂: Long Long Way To Go - Def Leppard



## Start dancing on lyrics

### Basic Left, ¼ Turn Basic Right, Basic Left, 1 ½ Turn

1-2&      Step left to side, rock right back, recover to left  
3-4&      Turn ¼ left and step right to side, rock left back, recover to right  
5-6&      Step left to side, rock right back, recover to left  
7&8      Turn ¼ left and step right back, turn ½ left and step left forward, turn ½ left and step back right

### Full Turn Sweep, Weave, 2 Walks, Mambo ½, Mambo ¼

&1      Turn ½ left and step forward left, turn ½ left and step right back sweeping left from front to back  
2&      Cross left behind, step right to side  
3-4      Step left forward, step right forward  
5&6&      Rock left forward, recover to right, step left back, turn ½ right and step forward right  
7&8&      Rock left forward, recover to right, step left back, turn ¼ right and step to side

### Syncopated Cross Rocks, ¼ Sweep, Cross, Back, ½ Turn, Step ½ Turn, ¼ Side

1-2&      Cross rock left over right, recover to right, step left to side  
3-4&5      Cross rock right over left, recover to left, turn ¼ right and step forward right, sweep left around from back to front  
6&7      Cross left over right, step right back, turn ½ left and step forward left  
8&1      Step right forward, turn ½ left, turn ¼ left and step right to side

### Weave, Lunge, Basics Left & Right

2&3-4      Cross left behind, step right to side, lunge left across right, recover to right  
5-6&      Step left to side, rock right back, recover to left  
7-8&      Step right to side, rock left back, recover to right

## Repeat

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