

# Friday Night Cowgirl

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: High Beginner  
編舞者: Britta Lyngsø Jensen (DK) - July 2009  
音樂: Friday Night Cowgirl - Wenche : (CD: Friday Night Cowgirl)



Intro: 16 count

## Side Rock Cross R Hold, Side Rock Cross L Hold

1-2-3-4      R side rock, recover L, Cross R over L, Hold (12:00)  
5-6-7-8      L side rock, recover R, Cross L over R, Hold

## Chasse R, Chasse Box

1&2      Step Right to Right, Step Left next to Right, Step Right to Right (12:00)  
3&4      Left  $\frac{1}{4}$  left, Right beside Left, Left to Left. (3:00)  
5&6      Right  $\frac{1}{4}$  right, Left beside Right, Right to Right (6:00)  
7&8      Left  $\frac{1}{4}$  left, Right beside Left, Left to Left (9:00)

## Kick Ball step R, Walk R-L, Step $\frac{1}{2}$ turn L, Shuffle R-L-R

1&2      Kick forward Right, Step Right beside Left, Step forward Left  
3-4      Step forward Right, step forward Left  
5-6      Step forward Right,  $\frac{1}{2}$  turn Left (3:00)  
7&8      Step Right forward, left beside Right, Right forward

## Rock L, Recover R, Coaster L, Step R, $\frac{1}{4}$ Left, Cross Shuffle.

1-2      Rock forward Left, recover Right  
3&4      Step back Left, Right to Left, step forward on Left  
5-6      Step forward Right,  $\frac{1}{4}$  Left (12:00)  
7&8      Cross Right over Left, Left beside Right, Step forward Right.

## Side Rock L, Behind Side Cross L, Side Rock R, Behind Side Cross R

1-2      Rock Left to Left side, Recover Right  
3&4      Step left behind Right, Step Right to Right, Cross Left over Right  
5-6      Rock Right to Right side, Recover Left  
7&8      Step Right behind Left, Step Left to Left, Cross Right over Left

## Side Rock L, Sailor $\frac{1}{4}$ L, Shuffle R-L-R, Step $\frac{1}{2}$ turn R

1-2      Rock Left to Left side, Recover Right  
3&4       $\frac{1}{4}$  turn Left stepping back on Left, Step Right beside Left, Step Left forward (9:00)  
5&6      Step Right forward, Left beside Right, Step Right forward  
7-8      Step Left forward,  $\frac{1}{2}$  turn Right (3:00)

## Step L, Kick R, Step back R, Touch L cross over R, Step Lock Step, Scuff

1-2      Step forward Left, Kick Right  
3-4      Step Right back, Touch Left Toe cross Right  
5-6-7-8      Step Left forward, Lock Right behind Left, Step left forward, Scuff

## Step $\frac{1}{2}$ turn Left, Rocking Chair, Forward R-L

1-2      Step forward Right,  $\frac{1}{2}$  turn Left (9:00)  
3-4-5-6      Rock forward Right, recover Left, Rock back Right, Recover Left  
7-8      Step forward Right, Step forward Left

Start dance again.

