

Lost Anyway

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Carol Cotherman (USA) - August 2009
音樂: Lost You Anyway - Toby Keith : (CD: That Don't Make Me A Bad Guy)



16 Count Intro / Start dance on lyrics

¼ TURN, ¼ TURN, ROCK, RECOVER, ¼ TURN, ½ TURN, ½ TURN, SWEEP, BEHIND, SIDE, CROSS

- 1 - 2 ¼ Turn right stepping forward on right, ¼ turn right stepping left to side (6:00)
- 3 & 4 Rock right behind left, recover on left, ¼ turn left stepping back on right
- 5 - 6 & ½ Turn left stepping forward on left, ½ turn left stepping back on right, sweep left out around to the left (3:00)
- 7 & 8 Step left behind right, step right to right, step left across right

SWAY, SWAY, SWAY, BEHIND, SIDE, CROSS, ¼ TURN WITH A DRAG, COASTER STEP

- 1 - 2 - 3 Step right to right and sway, weight to left and sway, weight to right and sway
- 4 & 5 Step left behind right, step right to right, step left across right
- 6 & ¼ Turn left stepping back on right, drag left back (preparing for coaster step) (12:00)
- 7 & 8 Step left back, step right beside left, step left forward

FULL TURN, STEP, LOCK, STEP, ROCK, RECOVER, ¼ TURN, CROSS SHUFFLE

- 1 - 2 ½ Turn left stepping back on right, ½ turn left stepping forward on left
- 3 & 4 Step forward on right, lock left behind right, step forward on right
- 5 & 6 Rock forward on left, recover on right, ¼ turn left stepping left to side (9:00)
- 7 & 8 Step right across left, step left to left, step right across left

POINT, LEFT SAILOR ¼ TURN LEFT, STEP RIGHT, ROCK, RECOVER, SIDE, ROCK, RECOVER, SIDE, BEHIND

- 1 Point left to left side
- 2 & 3 ¼ Turn left sweeping left around and behind right, step right beside left, step forward on left (6:00)
- 4 Step right to right
- 5 & 6 Rock left behind right, recover on right, step left to left
- 7 & 8 & Rock right behind left, recover on left, step right to right, step left behind right

Repeat and Enjoy!

Restarts:

On walls 3 & 6, dance first 16 counts of dance and restart from the beginning. Each restart follows instrumental music.

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