

# Honey

**COPPER** **KNOB**  
BY STEPHEN

拍數: 40      牆數: 2      級數: Intermediate / Advanced  
編舞者: Sophie Bergvall - July 2009  
音樂: I Believe - Yolanda Adams : (Album: Honey OST)



Special thanks to Nanna and Marcus, you guys are awesome.

Intro: 64 counts (35 secs)

## WALK, WALK, ROCK & CROSS, ¼ TURN RIGHT, ½ TURN RIGHT, LEFT CHASSE

1,2            Walk forward R, Walk forward L  
&3,4          Rock R to right side, Recover on L, Cross R over L  
5,6            Step back on L, ¼ turn right stepping R to right side  
7&8          ½ turn right stepping L to left side, Together with R, Step L to left side

## ¼ HINGE TURN RIGHT x2, BEHIND SIDE CROSS, SWAY, SWAY, BEHIND, SIDE, ¼ TURN RIGHT

1,2            ¼ turn right stepping R to right side, ¼ turn right stepping L to left side  
3&4          Step R behind L, Step L to left side, Cross R over L  
5,6            Step L to left side and sway to the left, Sway to the right (weight on R)  
7&8          Step L behind R, step R to right side, 1/4 turn right stepping forward on L

## STEP ½ TURN LEFT, SWAY, SWAY, RIGHT COASTER, FULL TURN RIGHT

1,2            Step R foot forward, ½ pivot turn to the left  
3,4            Step R to right side swaying to the right, Sway to the left (weight on L)  
5&6          Step R foot back, Step together with L, Step forward on R  
7,8            ½ turn right stepping L foot back, ½ turn right stepping R foot forward

## ROCK FORWARD, RECOVER WITH SWEEP, SAILOR STEP, "SUNRISE ARMS"

1,2            Rock forward on L, recover on R sweeping L from front to back  
3&4          Step L behind R, Step R to right side, Step L to left side

### Restart here on wall 5, facing front wall

5.            6 Stick your R arm out to right side, stick your L arm out to left side  
7,8          In a fluid motion bring both arms in across your chest in an "X" shape, then bring them up and out and down again in a smooth motion. End with weight on L.

### Tag here during wall 3 facing back wall

## RIGHT COASTER, FULL TURN SWEEP, ¼ TURN RIGHT WITH BODYROLL x2, FLICK

1&2          Step R foot back, Step together with L, Step forward on R  
3,4          On R foot make a full turn over your R shoulder while sweeping L foot around  
5,6          Step down on L, ¼ turn to the right while making a bodyroll (weight on R)  
7,8          Step forward on L, ¼ turn to the right while making a bodyroll (weight still on L) Flick R foot back on (8)

Start again & have fun!!

Ending: After wall 7, walk forward until music stops while making the same arm movements as in Section 4 (count 5-8), ending with "jazz hands" while bringing arms down