Staying With My BMW



拍數: 40 牆數: 4 級數: Intermediate

編舞者: Marjorie Barnabas-Shaw (MY) - August 2009

音樂: Black Magic Woman - Peter Green: (Album: English Rose)



Intro Count: 16 counts

Structure: Repeating (with easy steps to Tags)

Rhythm: Rock

A. TOE POINTS AND COASTER STEPS.

1-2 Point right toe forward. Point right toe to right side.

3&4 Step back right. Step left beside right. Step forward right.

5-6 Point left toe forward. Point left toe to left side.

7&8 Step back left. Step right beside left. Step forward left.

B. CROSS ROCK-HITCH AND CHASSE, SAILOR-STEP, ROCK SIDE AND TOG.

1-2 Cross rock right behind left foot (Hitching left knee diagonally forward). Recover onto left.

Step right to right side. Close left beside right. Step right to right side.
Cross left behind right foot. Step right beside left. Step left to place.
Rock right to right side. Recover onto left. Step right beside left.

C. STEP BACK, 1/4 RIGHT, 1/4 RIGHT CHASSE, SAILOR STEP, FORWARD SHUFFLE.

1-2 Step back left. Step ¼ right on right.

Step ¼ right on left. Close right beside left. Step left to left side.
Cross right behind left foot. Step left beside right. Step right to place.

7&8 Step forward left. Close right beside left. Step forward left.

D. ROCK BACK, RECOVER, 1/4 LEFT, STEP BACK, ROCK BACK & RIGHT CHASSE.

1-2 Cross rock back right. Recover onto left.

3-4 Turn ¼ left by stepping back on right. Step back on left.

5-6 Cross rock right behind left. Recover onto left.

7&8 Step right to right side. Close left beside right. Step right to right side.

E. ROCK BACK, RECOVER, LEFT CHASSE, SYNCOPATED BACK & SIDE ROCKS.

1-2 Cross rock back left. Recover onto right.

3&4 Step left to left side. Close right beside left. Step left to left side.
5&6& Rock back right. Recover onto left. Rock side right. Recover onto left.
7&8& Rock back right. Recover onto left. Rock side right. Recover onto left.

TAG: AT END OF WALL ONE

1-2,3&4 - Rock side right. Recover onto left. Shuffle back right

5-6,7&8 - Rock side left. Recover onto right. Shuffle back left. (Re-start).

TAG: AT END OF WALL TWO

1-2,3&4 - Rock side right. Recover onto left. Shuffle back right
5-6,7&8 - Rock side left. Recover onto right. Shuffle back left.

1-2,3&4 - Rock side right. Recover onto left. Shuffle forward right

5-6,7&8 - Rock side left. Recover onto right. Shuffle forward left. (Re-start).

~~~\*\*\*~~~ DANCE LIKE YOU HAVE NEVER DANCED BEFORE ~~~\*\*\*~~~

Email Address: savoysushi@yahoo.com

