

Feels Right in Paradise

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Marjorie Barnabas-Shaw (MY) - August 2009
音樂: Paradise - Sade : (Album: Lovers Live)



Intro Count: 64 counts

Structure: Repeating with no tag, bridge or restart

Rhythm: Mambo

A. SIDE RIGHT, ROCK BACK AND SIDE, TOUCH, CROSS SHUFFLE, ½ LEFT, STEP.

1&2 Step right to right side. Cross rock left behind right. Recover onto right.
3-4 Step left to left side. Touch right to right side.
5&6 Cross right over left. Step left to left side. Cross right over left.
7-8 Turn ½ left stepping forward on left. Step forward on right.

B. CROSS SHUFFLE, SIDE STEP, ROCK BACK AND ½ RIGHT, SWEEP, SAILOR ¼ RIGHT.

1&2 Cross left over right. Step right to right side. Cross left over right.
3&4 Step right to right side. Cross rock left behind right foot. Recover onto right.
5-6 Make ½ turn right by stepping back on left. Sweep right foot back.
7&8 Cross step right behind left making ¼ turn right. Step left beside right. Step right to place.

C. ROCKING CHAIR, STEP BACK, KICK, WEAVE RIGHT, ¼ AND ¼ TURN RIGHT.

1&2 Rock forward left. Recover onto right. Rock back left.
3-4 Step back on right. Kick left foot diagonally out to back.
5&6 Cross left behind right. Step right to right side. Cross left over right.
7-8 Step ¼ right on right. Turn ¼ right stepping left to left side.

D. SYNCOPATED ROCKS AND COASTER STEPS.

1&2& Rock back right. Recover onto left. Rock forward right. Recover onto left.
3&4 Step back right. Step left beside right. Step forward right.
5&6& Rock side left. Recover onto right. Cross rock left over right. Recover onto right.
7&8 Step back left. Step right beside left. Step forward left.

~~***~~ DANCE LIKE YOU HAVE NEVER DANCED BEFORE ~~***~~

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