

Bye Bye Boots

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Merete Sevel (DK) - August 2009
音樂: New Shoes - Paolo Nutini



Intro: 16 counts

(1 – 8) Chassée R, Back rock, Chassée L, Back rock

1 & 2 Step R to R, step L next to R, step R to R 12:00
3 – 4 Rock L behind R, recover on R
5 & 6 Step L to L, step R next to L, step L to L
7 – 8 Rock R behind L, recover on L

(9 – 16) 3 x Kick ball step, 2 x Bounce

1 & 2 Kick R diagonally to R, step down on R ball, step L forward 1:30
3 & 4 Repeat 1 & 2
5 & 6 Repeat 1 & 2
7 – 8 Bounce twice while turning 5/8 turn R (end with weight on L) 9:00

(17 – 24) Chassée R, Back rock, 2 x Shuffle 1/4 turn R

1 & 2 Step R to R, step L next to R, step R to R 9:00
3 – 4 Rock L behind R, recover on R
5 & 6 Step L to L (facing 10:30), step R next to L, step L to L (facing 12:00) 12:00
7 & 8 Step R to R (facing 1:30), step L next to R, step R to R (facing 3:00) 3:00

(25 – 32) Shuffle 1/2 turn R, Back rock, Step R, 3/4 box turn L

1 & 2 Step L fw (facing 4:30), step R next to L, step L to L (facing 9:00) 9:00
3 – 4 Rock R behind L, recover on L
5 – 6 Step R to R, step L to L making 1/4 turn L 6:00
7 – 8 Step R to R making 1/4 turn L, step L to L making 1/4 turn L 12:00

(33 – 40) Cross, Hold, Ball cross, Hold, 4 x Ball cross

1 – 2 Cross R over L, hold
&3 – 4 Step on ball of L, cross R over L, hold
&5&6 Step on ball of L, cross R over L, step on ball of L, cross R over L
&7&8 Repeat &5&6

(41 – 48) 1/4 turn L Point, Hold, Together point, Hold, 4 x Together point

1 – 2 Turn 1/4 turn L on ball of R pointing L to L, Hold 9:00
&3 – 4 Step L next to R, point R to R, hold
&5&6 Step R next to L, point L to L, step L next to R, point R to R
&7&8 Repeat &5&6

(49 – 56) Body roll, Ball side with body roll, Hip rolls

1 – 2 Make a body roll to R ending with weight on R
&3 – 4 Step on L ball next to R, step R to R while making a body roll to R
5 – 6 Roll hips one full turn anticlockwise
7 – 8 Repeat 5 – 6 (ending with weight on L)

(57 – 64) Jazz box, step 1/4 turn L twice

1 – 2 Cross R over L, step back on L
3 – 4 Step R to R side, step forward on L (small step)

5 – 6 Step fw on R, turn 1/4 turn L (use those hips) 6:00
7 – 8 Step fw on R, turn 1/4 turn L (use those hips) 3:00

Tag 1: After wall 1 (facing 3 o'clock) and wall 3 (facing 9 o'clock) – see below

**Tag 1 - 1: Point R fw, 2: Hold, &: Step R next to L, 3: Point L fw, 4: Hold, &: Step L next to R
On counts 1-4 in the tag look down on your feet all the time**

Tag 2: After wall 4 (facing 12 o'clock) – see below

**Tag 2 - 1: Kick R fw, 2: Kick R to the R starting 1/4 turn R, 3&4: R sailor finishing 1/4 turn R 3:00 5: Kick L fw,
6: Kick L to the L starting 1/4 turn L, 7&8: L sailor finishing 1/4 turn L 12:00**

Marts 2009

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