

Lazy Days

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Kate Sala (UK) - July 2009
音樂: Lazy Days - Dean Brody



Start after a 16 count intro.

Jazz Box, Cross, Side, Touch, Chasse L With 1/4 Turn L.

1-4 Cross step R over L. Step back on L. Step R to R side. Cross step L over R.
5-6 Step R to R side. Touch L toe next to R instep.
7&8 Step L to L side. Step R next to L. Turn 1/4 L stepping forward on L.

Step 3/4 Pivot L, Step R, Cross Behind, R Chasse, Cross Rock.

1-2 Step forward on R. Pivot 3/4 turn L. 12 O'clock.
3-4 Step R to R side. Cross step L behind R.
5&6 Step R to R side. Step L next to R. Step R to R side.
7-8 Cross rock on L over R. Recover on to R.

Side Step L, Together, L Chasse, Rock Back, Step 1/2 Pivot L.

1-2 Step L to L side. Step R in next to L.
3&4 Step L to L side. Step R in next to L. Step L to L side.
5-6 Rock back on R. Recover on L.
7-8 Step forward on R. Pivot 1/2 turn L.

* RESTART from here on wall 3 facing 12 o'clock.

Turn 1/2 L With Back Lock Step, Sweep Back, Weave, Sweep Forward, Cross, Side.

1&2 Turn 1/2 L stepping back on R. Lock step L over R. Step back on R.
3-5 Sweep L back cross stepping behind R. Step R to R side. Cross step L over R.
6-8 Sweep R round from back to front. Cross step R over L. Step L to L side.

Rock Back, Chasse 1/4 Turn R, Rock Forward, Full Turn Back Over L Shoulder.

1-2 Rock back on R. Recover on to L.
3&4 Step R to R side. Step L next to R. Turn 1/4 R stepping forward on R.
5-6 Rock forward on L. Recover on to R. 3 O'clock.
7-8 Turn 1/2 L stepping forward on L. Turn 1/2 L stepping back on R.

Step Back, Touch Across, Step, Lock, Step Lock Step, Weave R.

1-2 Step back on L. Touch R toe across L.
3-4 Step forward on R. Lock step L behind R,
5&6 Step forward on R. Lock step L behind R. Step forward on R.
7&8 Cross step L over R. Step R to R side. Cross step L behind R.

Monterey 1/4 Turn R x2.

2-4 Touch R toe out to R side. Pivot 1/4 turn R stepping R in next to L. Touch L toe out to L side.
5-6 Step L in next to R. Touch R toe out to R side.
7-8 Pivot 1/4 turn R stepping R in next to L. Touch L toe out to L side. 9 O'clock.

Cross Rock, Side Rock, Weave R, Turn 1/2 L.

1-4 Cross rock on L over R. Recover. Side rock on L to L side. Recover.
5&6 Cross step L behind R. Step R to R side. Cross step L over R.
7-8 Turn 1/4 L stepping back on R. Turn 1/4 L stepping L to L side. 3 O'clock

Start Again!

RESTART: on wall 3 at the end of section 3 facing 12 o'clock – restart from beginning of dance.
