

# No Escape

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Marjorie Barnabas-Shaw (MY) - August 2009  
音樂: One Way or Another - Blondie : (Album: Parallel Lines)



**Intro Count: 64 counts, start dancing on vocals**  
**Structure: Repeating with no tag, bridge or restart**  
**Rhythm: Rock**

## **STEP FORWARD, KICK, STEP BACK, TOUCH, RIGHT LOCK STEPS, SCUFF.**

1-2            Step forward right. Kick left foot forward.  
3-4            Step back left. Touch right toe back.  
5-6            Step forward right. Lock left foot behind right.  
7-8            Step forward right. Scuff left foot forward.

## **SIDE LEFT AND TOGETHER, HOLD, SIDE RIGHT AND TOGETHER, HOLD.**

1-2            Rock left foot to left side. Recover onto right.  
3-4            Step left foot beside right. Hold.  
5-6            Rock right foot to right side. Recover onto left.  
7-8            Step right foot beside left. Hold.

## **¼ LEFT TURN, ½ RIGHT MONTEREY, VINE, STEP.**

1-2            Turn ¼ left stepping left foot forward. Point right toe to right side.  
3-4            Turn ½ right stepping right foot to right side. Point left toe to left side.  
5-6            Cross left foot behind right foot. Step right to right side.  
7-8            Cross left over right. Step forward right.

## **LEFT AND RIGHT FORWARD STRUTS, LEFT COASTER, HOLD.**

1-2            Touch left toe diagonally forward. Drop left heel to floor.  
3-4            Touch right toe diagonally forward. Drop right heel to floor.  
5-6            Step left foot back. Step right beside left.  
7-8            Step left foot forward. Hold.

~~\*\*\*~~ **DANCE LIKE YOU HAVE NEVER DANCED BEFORE** ~~\*\*\*~~

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