

Indestructible

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Gaye Teather (UK) - August 2009
音樂: Ain't Killed Me Yet - Eric Church : (CD: Carolina)



***32 count intro**

Stomp. Kick-Ball-Cross. Side. Back Rock. Quarter Turn Right. Shuffle Back

1-2 Stomp Right. Kick Right forward
3&4 Step Right beside Left. Cross Left over Right. Step Right to Right side
5-6 Rock back Left behind Right. Recover onto Right
7&8 Quarter turn Right stepping back on Left. Step Right beside Left. Step back on Left (Facing 3 o'clock)

Half Turn Right Shuffle. Step. Pivot Quarter Turn Right. Cross. Quarter Turn Left X2. Cross

1&2 Half turn Right stepping forward on Right. Step Left beside Right. Step forward on Right
3-4 Step forward on Left. Pivot quarter turn Right
5-6 Cross Left over Right. Quarter turn Left stepping back on Right
7-8 Quarter turn Left stepping Left to Left side. Cross Right over Left (Facing 6 o'clock)

Side Rock. Sailor Step. Back Rock. Walk Forward X2

1-2 Rock Left to Left side. Recover onto Right
3&4 Cross Left behind Right. Step Right to Right. Step Left to Left
5-6 Rock back on Right. Recover onto Left
7-8 Walk forward Right. Left

***RESTART here during wall 3 (you will be facing 6 o'clock)**

Forward Rock. Shuffle Half Turn Right. Step. Pivot Half Turn Right. Stomp. Stomp

1-2 Rock forward on Right. Recover onto Left
3&4 Shuffle half turn Right stepping Right. Left. Right
5-6 Step forward on Left. Pivot half turn Right (Facing 6 o'clock)
7-8 Stomp forward on Left. Stomp Right beside Left

Cross Rock. Chasse Left. Cross Shuffle. Quarter Turn Right X2

1-2 Cross rock Left over Right. Recover onto Right
3&4 Step Left to Left side. Step Right beside Left. Step Left to Left side
5&6 Cross Right over Left. Step Left to Left side. Cross Right over Left
7-8 Quarter turn Right stepping back on Left. Quarter turn Right stepping Right to Right side (Facing 12 o'clock)

Cross Rock. Chasse Left. Cross Shuffle. Quarter Turn Right X2

1-2 Cross rock Left over Right. Recover onto Right
3&4 Step Left to Left side. Step Right beside Left. Step Left to Left side
5&6 Cross Right over Left. Step Left to Left side. Cross Right over Left
7-8 Quarter turn Right stepping back on Left. Quarter turn Right stepping Right to Right side (Facing 6 o'clock)

Forward Rock. Shuffle Back. Back Rock. Kick-Ball-Change

1-2 Rock forward on Left. Recover onto Right
3&4 Step back on Left. Step Right beside Left. Step back on Left
5-6 Rock back on Right. Recover onto Left
7&8 Kick Right foot forward. Step Right beside Left. Step Left in place

Step Right Out. Left Out. Step Right In. Step Left In. Jazz Jumps Out & In X4 Travelling Backwards

- 1-2 Step Right foot out to Right. Step Left foot out to Left
- 3-4 Step Right foot back to centre. Step Left beside Right
- &5 Small jazz jump back stepping Right out to Right, Left out to Left
- &6 Small jazz jump back stepping Right in to centre. Left in to centre
- &7 Small jazz jump back stepping Right out to Right, Left out to Left
- &8 Small jazz jump back stepping Right in to centre. Left in to centre

Start again
