

Wild At Heart

COPPERKNOB
STEP SHEETS

拍數: 0 牆數: 2 級數: Phrased Intermediate
編舞者: Derek Allen (UK) - August 2009
音樂: Wild At Heart - Gloriana



32 Count Intro. Starts 4 Counts before Lyrics Begin

Section A (32 Counts)

Heel Switches

&1&2 Tap L next to R & R Heel Fwd. Step R Back and L Heel Fwd
&3, 4 Step L Back and R Heel Fwd. Hold on Count 4.
&5&6 Step R Back and L Heel Fwd. Step L Back and R Heel Fwd
&7, 8 Step R Back and L Heel Fwd. Hold on Count 8

Kick, Kick Coaster Step R then same again L

&9, 10 Step L next to R and Kick R Fwd Twice
11&12 Right Coaster
13, 14 Kick L Fwd Twice
15&16 Left Coaster

Kick and Point 4 Times Making Complete Turn

17&18 Kick R Fwd, Point Left to Side Whilst Making $\frac{1}{4}$ Turn L
19&20 Kick L Fwd, Point Right to Side Whilst Making $\frac{1}{4}$ Turn L
22&22 Kick R Fwd, Point Left to Side Whilst Making $\frac{1}{4}$ Turn L
23&24 Kick L Fwd, Point Right to Side Whilst Making $\frac{1}{4}$ Turn L

R Sailor, L Sailor. Walk Fwd R, L, R. Lift Left Knee

25&26 R Sailor
27&28 L Sailor
29 - 31 Walk Fwd R, L, R
32 Lift L Knee across R.

Section B (16 Counts)

Side Step, $\frac{1}{4}$ Shuffle. Rock and Recover $\frac{1}{4}$ Turn L. Cross Shuffle

1, 2 Step L to L Side. Step R next to L.
3&4 Make a $\frac{1}{4}$ Shuffle Turn L (L, R, L)
5, 6 Rock on R Whilst Making $\frac{1}{4}$ Turn L. Recover Weight onto L.
7&8 Cross Shuffle R, L, R

Rock Fwd $\frac{1}{4}$ Turn L. Sailor $\frac{1}{4}$ Turn L. Rock Fwd. $\frac{1}{2}$ Turn Shuffle R

9, 10 $\frac{1}{4}$ Turn L Rocking L Fwd. Rock Back on R
11&12 Sailor $\frac{1}{4}$ Turn L
13, 14 Rock R Over L, Recover Weight onto L
15&16 Shuffle $\frac{1}{2}$ Turn R (R, L, R)

Alternative steps on counts 15&16: $1\frac{1}{2}$ Turns R (R, L, R)

Section C (32 Counts)

Step L over R, R to Side, Behind & Cross. Rock out R, Rock Back L, Behind & Cross

1, 2 Step L Over R. Step R to Side.
3&4 Step L Behind R, R to Side, L Over R
5, 6 Rock R to Side. Recover Weight onto L.
7&8 Step R Behind L, L to Side, R Over L.

2 x ¼ Turns R. Left Shuffle Fwd. Bump Hips R, L, - R, L, R

9, 10 ¼ Turn R Stepping Back on L. ¼ Turn R Stepping R to Side.
11&12 Left Shuffle Fwd (L, R, L)
13 Bump R Hip Fwd Whilst Stepping R Diagonally Fwd on R
14 Bump L Hip Back
15&16 Bump Hips R, L, R

17-32 Repeat 1-16 above

Tag 1 (8 Counts)

1, 2 Rock Fwd on L, Recover Weight Back onto R
3&4 L Coaster
5, 6 Rock Fwd on R, Recover Weight Back onto L
7&8 R Coaster

Tag 2 (6 Counts)

1 – 4 Box Step L Over R, R Back, L Side, R over L
5, 6 Rock L to Side and Recover Weight onto R

Dance Sequence

A, B, C, Tag 1,

A, B, C, Tag 1 x 2,

A, Tag 2,

C, C, Tag 1,

Finish with the first 16 counts of section A.

The music helps. Good Luck.
